

FEBRUARY 2025, ISSUE 60 | VOL - IV

# MYSTIC AURA

MAGAZINE

**VALENTINES' DAY**  
S I N G A P O R E

**SHADES OF LIPSTICK**  
EVERY GIRLS FAVOURITE

EVOLUTION OF  
**LOVE**

**MALESTORM**  
THE ULTIMATE MALE MODELLING PLATFORM

**FLAWLESS SHOOTS**  
SECRETS REVEALED

**FASHION SHOWS**  
MODELS & DESIGNERS

**Valentine's Day**  
The love Paradox

# 2025



**MYSTICAURA**

# The Team



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She is a model, an educator and also a Master Trainer under the BRITISH COUNCIL. A lady with principles, positive vibes who always loves to inspire others to fulfill their dreams. Confidence, determination, will power and faith in God, her strength. Her indomitable talent in fashion world is known by all. She has been successful in winning many titles in State, National and in International level, Brand Ambassador of a few beauty pageants. Recently awarded with the most prestigious Nari Shakti National Award. She is Mrs India International (2nd runners-up) at Sri Lanka, Colombo.

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# From Editor's Desk

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**F**ebruary, the month of love, is all set for the beautiful souls to celebrate the beauty of romance and we're reminded of the fact that love comes in many forms.

In this issue, we explore the intersection of love and fashion, from romantic getaways to stunning designs created by creative minds who embody the spirit of love and fashion, and shared their inspiring words followed by the regular topics and Aura pages of attraction.

This issue is a visual feast. Whether you're single, taken, or somewhere in between, this issue is for anyone who believes in the power of love and fashion.

So, get cozy, grab a cup of coffee and indulge in the beauty of love and fashion.

Happy reading, and  
Happy Valentine's Day ❤️

Regards

**GITALI PATHAK DEKA**

Proprietor & Editor-in-chief

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the COVER



*Sonali Nath*

I'm Sonali Nath, very ambitious and a vibrant model from Assam, splitting my time between Mumbai and Guwahati, Assam. With a strong background in Political Science, I've seamlessly merged intellect and glamour.

Boasting over 6 years of experience in the industry since 2017, I've established myself as a formidable force in the fashion world. My ultimate goal is to make my parents and myself proud through dedication and perseverance, inspiring others with my remarkable journey in life ahead.

I've had the privilege of collaborating with esteemed clients and brands, and I'm eager to continue leaving my mark on the fashion industry.

Photography: Unique Borah

“ The best love is the kind that awakens the soul and makes us reach for more, that plants a fire in our hearts and brings peace to our minds. Love is the master key that opens the gates of happiness. It's the feeling that makes life worth living. ”

# AURA PHOTOGRAPHY

Model : **ASHITA CHELENG** Photography: **SWAPNOJIT BORKAKOTI**  
Mua: **ZEB A JEBIN AKHTAR**



# Valentine's Day

Love, Relationships, and Changing Perspectives.

By :

**-Jishnu Vijayan Nair**  
Actor/Writer/Motivational  
Speaker,  
Kerala

Love has always been a part of human existence, shaping our emotions, relationships, and even the course of history. While Valentine's Day is often seen as a modern celebration, the essence of love has been deeply embedded in Indian culture for centuries. Love in India has never been just about fleeting romance—it has

been a bond of devotion, sacrifice, and commitment. Today, as relationships evolve and concepts like "situationships" emerge, it's important to reflect on both the beauty and the challenges of modern love while staying connected to our cultural roots.

## Love in the Indian Perspective

Indian culture has always celebrated love in its purest and most profound form. Unlike the commercialized version of Valentine's Day seen today, love in our traditions is not just about grand gestures or short-lived emotions—it is about deep, enduring connections. Some

of the greatest love stories in Indian history and mythology teach us that love is built on patience, commitment, and selflessness.

One of the most well-known examples is Lord Shiva and Goddess Parvati. Parvati's unwavering devotion and intense penance to win Shiva's heart symbolize that true love requires dedication and perseverance. Their relationship teaches us that love is not just about attraction but about standing by each other through every phase of life.

Similarly, the love between Krishna and Radha is an example of





dignity and values.

### The Moral Side of Love and Relationships

In traditional Indian values, love has always been about responsibility and sacrifice. Our grandparents' generation believed in lifelong commitment, where relationships were nurtured with patience and understanding. Love was not about convenience; it was about enduring hardships together and growing as individuals within the relationship. However, the way people perceive love has changed over time. With modern influences, fast-paced lifestyles, and digital connections, relationships today are often short-lived. The rise of "situationships"—where people are emotionally or physically involved without a clear commitment—reflects the shift in how love is approached. While this allows individuals to explore

divine love—one that transcends physical presence. Their story teaches us that love is not always about being together but about deep spiritual connection and devotion.

Indian history is also filled with stories of legendary love. One such tale is that of Prithviraj Chauhan and Sanyogita. Their love defied political boundaries and societal norms. Sanyogita, the princess of Kannauj, chose Prithviraj despite opposition from her father. In a daring act of love and bravery, Prithviraj eloped with Sanyogita, proving that love is about courage and determination. Their story reminds us that love is not just about emotions but also about taking a stand for what truly matters.

Another example of deep love and sacrifice is Rani Padmini and Maharana Ratan Singh. Their bond was one of loyalty and honor. When faced with the invasion

of Alauddin Khilji, Rani Padmini chose self-sacrifice over surrender, showing that love is not just about togetherness but about



relationships freely, it also raises concerns about emotional instability and the fear of deep commitment.

### From Relationships to Situations: The Changing Dynamics

There was a time when people believed in "forever"—working through problems rather than walking away at the first sign of difficulty. But today, relationships often crumble under the weight of expectations, miscommunication, and the desire for instant gratification.

Social media has further transformed the way we experience love. Public validation through likes and comments has become more important than genuine emotional connection. Love is often judged by grand online gestures rather than private moments of understanding and care. While digital platforms help people connect, they also create insecurities and unrealistic relationship goals.

The increasing number of divorces and breakups also highlights the fragile nature of modern relationships. While choosing happiness and personal well-being is crucial, there is also a need to rebuild the essence of patience and understanding in love.

### Embracing Love with Meaning

Valentine's Day should not just be about celebrating love with chocolates, flowers, and social media posts—it should be about understanding what love truly means. Whether in a romantic relationship, a marriage, or a deep friendship, love should be built on trust, respect, and emotional depth.

In the Indian context, love has al-



ways been more than an emotion; it is a journey. From the patience of Parvati to the devotion of Radha, from the bravery of Sanyogita to the loyalty of Rani Padmini, love is about endurance, sacrifice, and unwavering support.

In today's world, while change is inevitable, we must not lose the essence of what makes love special. Relationships should be nurtured with honesty and care rather than treated as temporary

experiences. True love is not about convenience—it's about growing together, facing challenges, and standing by each other through life's ups and downs.

As we celebrate Valentine's Day, let us remember that love is not just about being with someone—it is about valuing, respecting, and truly understanding them. Whether in mythology, history, or our own lives, love remains the most powerful force that binds us all.



## SHADES OF LIPSTICK

Must be every girls favourite

By :

**Bidisha Goel**  
Orissa

**W**hen winter is in slowly, it's time to update your lipstick wardrobe with shades that compliment the season's cool, crisp air. I have put forward some winter lipstick color highly recommended for daily wear, parties, and hangouts with friends.

### Daily Wear

For everyday wear, opt for lipsticks that are comfortable, moisturizing, and easy to apply. Here are some winter-friendly shades:

**Nude shades:** Look for lipsticks with a slightly pink or peach undertone to add warmth to your complexion. Try shades like "Soft Peach" or "Warm Beige."

**Soft berry shades\*:** Berry-stained lips are perfect for winter. Opt for soft, muted shades like "Dusty Rose" or "Blush Pink."

**Mocha shades:** Mocha lipsticks with a hint of brown or golden undertones can add depth and warmth to your look. Try shades like "Caramel" or "Mocha Latte."

### Party Wear

For parties and special occasions, go for lipsticks that make a statement. Here are some winter-inspired shades:

**Deep reds\*:** A classic winter shade, deep reds look stunning with festive attire. Try shades like "Crimson" or "Burgundy."



Neutral lipsticks in shades like "Beige" or "Soft Brown" can complement your natural lip color and add a touch of warmth to your look.

**Exfoliate your lips:** Before applying lipstick, exfoliate your lips with a lip scrub to remove dead skin cells and ensure a smooth application.  
**Moisturize your lips:** Apply a lip balm or lip primer before lipstick to keep your lips hydrated and comfortable.

**Choose a formula that suits you:** Opt for lipsticks with a formula that suits your lip type. If you have dry lips, look for moisturizing lipsticks. If you have oily lips, look for matte or oil-control lipsticks.

Some popular lipstick brands that offer a range of winter-friendly shades include:

1. MAC Cosmetics
2. NARS
3. Bobbi Brown
4. Charlotte Tilbury
5. Huda Beauty

Stay warm and stylish this winter with these lipstick shades and look hot and sexy.

Plum lipsticks with a hint of purple or pink undertones can add a pop of color to your look. Try shades like "Plum Noir" or "Rich Plum."

Metallic lipsticks in shades like "Rose Gold" or "Bronze" can add a touch of glamour to your party look.

### Friends Hangout Time

For casual hangouts with friends, opt for lipsticks that are easy to

apply and comfortable to wear. Here are some winter-friendly shades:

Soft pink lipsticks are perfect for a casual hangout. Try shades like "Baby Pink" or "Soft Coral."  
Sheer berry shades\*: Sheer berry lipsticks can add a touch of color to your look without being too overpowering. Try shades like "Sheer Raspberry" or "Tinted Cranberry."



# Aura Style

Fashion is not something that exists in dresses only. Fashion has to do with ideas, the way we live, what is happening and likes



## Pose, Smile & click

Pro Model Secrets for Flawless Phone Photos

By :

**UTPAL DATTA**

Writer, Assam

**C**apture life's beauty like a pro ! A seasoned photographer shares expert tips on

how to take stunning images - not just with high-end cameras, but also with your smartphone. Learn the techniques to unlock your mobile's full photography potential.

Drawing from his expertise, he shares valuable tips to help you

pose like a professional model, even when a friend with no photography training is behind the camera. Get ready to learn how to master your poses, make the most of the lighting, and style yourself perfectly for every shot.



Let's be honest—everyone is taking pictures these days, and smartphones are incredibly good at it. Even your friend who lacks photography skills can capture

great shots if you know how to pose, utilise lighting, and style yourself. Here's a complete guide to looking like a total model when your amateur photographer friend

is behind the lens.

### Mastering Your Poses

Striking the right pose is essential; it can transform an average picture into an Instagram-worthy moment. Here's how to perfect it:

#### Stand Tall and Look Confident

Good posture is your best friend. Stand up straight, keep your shoulders back, and hold your head high. Shift your weight onto one leg to create model-like angles. It's all about appearing natural yet impressive.

#### Play with Angles

Avoid facing the camera directly, as it can look dull. Instead, turn slightly to the side and tilt your head for a more flattering effect. When it comes to expressions, mix it up! Practice soft smiles, fierce looks, or even that casual "caught-in-the-moment" glance.

#### Work Those Hands

Avoid letting your arms hang awkwardly. Instead, touch your hair, place a hand on your hip, or lightly brush your face. Your hands can add movement and life to the shot, so ensure they're engaged in the photo.

#### Owning the Light

Lighting can make or break your pictures. Even with just your friend's phone, knowing how to use light can transform ordinary into extraordinary.

#### Chase the Golden Hour

Right after sunrise or before sunset, the light is soft, warm, and flattering. If possible, schedule your photo shoot for this magical

time—it's like having a free filter.

### Skip Harsh Sunlight

Bright midday sun creates harsh shadows, which can be unflattering. Find shade or use reflective materials (like a white T-shirt or even aluminium foil) to bounce light onto your face for a soft glow.

### Use Window Light Indoors

If you're shooting indoors, position yourself close to a window for natural light. If there's no window available, opt for soft, warm artificial lighting instead of harsh, yellow bulbs.

### Styling Like a Star

Your outfit and vibe set the mood for your pictures, so don't leave it to chance—plan it out.

### Pick Killer Outfits

Wear clothes that fit well and make you feel fabulous. Solid colours are often a safe choice because they keep the focus on you rather than distracting patterns.

### Glow Up

Fresh hair, clean nails, and light makeup are all you need to look polished. Keep it natural but refined—aim for "effortless, but I made a little effort."

### Accessorise Smartly

Accessories are the finishing touch. A cute necklace, a stylish hat, or statement earrings can elevate your look. Just remember, less is more—don't overdo it.

### The Secret Sauce: Confidence

What's the best trick for looking like a pro model? Believe in yourself. When you feel good, it shows.



Laugh, move, and let loose—you are the main character!

With a bit of practice and these tips, you'll turn every picture into a masterpiece. So grab your best friend and their phone—it's time to shine like the star you are! \*







# A Global Quest for Youth's Fountain

By :

**Brian La Cour**  
Author/writer  
US

In our relentless pursuit of youthful vitality, science has opened the doors to a fascinating realm of anti-aging breakthroughs. By marrying traditional wisdom with cutting-edge research, we've gained access to a worldwide arsenal of ingredients that defy the passage of time.

The Mediterranean Miracle, Olive squalane, derived from the iconic Mediterranean olive groves, stands as a testament to nature's

brilliance. With a molecular structure that mimics our skin's natural oils, as detailed by the University of Athens, this powerhouse hydrator does more than moisturize—it repairs. Leading dermatologist Dr. Elena Stavros explains, "Squalane acts not just as hydrating but also as a formidable barrier repair agent."

Asian Innovations, Asia's contribution to anti-aging science is monumental.

In Japan, Kyoto researchers have uncovered kojic acid from rice fermentation—a byproduct of sake production known for its ability to brighten age spots and inhibit melanin.

Korean scientists have advanced our understanding of snail mucin, highlighting it as a superstar for wound healing and collagen stimulation.

Amazonian Secrets The lush Amazon rainforest offers Camu, a berry loaded with 40 times more vitamin C than oranges. Studies highlight its exceptional prowess in collagen stimulation and free radical neutralization. Dr. Marcus Rivera from São Paulo University notes, "The antioxidant concentration in Camu Camu is unprecedented."

African Innovation Marula oil, sourced from South Africa's "miracle tree," has become a skincare



staple. It boasts deep penetration without clogging pores, thanks to its rich antioxidant and omega fatty acids content. It trumps argan oil with 60% more antioxidants, promising superior defense against environmental aging.

The Scientific Breakthrough, Swiss laboratories have ushered in a new era with synthetic peptides that replicate natural skin repair processes. These intelligent molecules effectively target specific aging concerns. Clinical trials have reported up to a 37% reduction in deep wrinkles within eight weeks.

The Microbiome Connection, A burgeoning area in skincare involves the skin's microbiome—our ecosystem of beneficial bacteria. Scientists are identifying strains that fortify the skin barrier and stave off premature aging. Probiotic skincare, harnessing these organisms, represents the next frontier in anti-aging.

Future Horizons, Emerging research in epigenetic skincare promises innovation.

By influencing gene expression, we go beyond mere surface-level treatment.

As molecular biologist Dr. Sarah



Chen states, "We're communicating with our DNA to optimize skin health."

### The Integration Approach

The most successful anti-aging strategies integrate global innovations, blending Japanese essence with peptides, African oils for moisture, Amazonian antioxidants, and microbiome-supporting probiotics.

This multicultural integration yields superior results.

### Expert Recommendations

For optimal outcomes, dermatologists recommend a three-pronged approach:

- 1. Protection:** Incorporate antioxidant-rich ingredients during the day.
- 2. Repair:** Apply peptides and growth factors at night.
- 3. Prevention:** Continuously support the skin's microbiome.

The Future of Anti-Aging, As we continue to unlock secrets of cellular aging, the future promises

personalized solutions based on genetic profiles, ensuring efficacy tailored to unique aging patterns. Our global mission for youth leads to a remarkable conclusion: the key isn't a solitary ingredient but the sophisticated blend of nature and science.

The future of anti-aging skincare is indeed bright and promising.

While these scientific advancements are thrilling, remember that the foundation of youthfulness lies in sun protection, proper hydration, and a healthy lifestyle.

Science enhances our natural beauty, working best when complementing our inherent wisdom.



# AURA Trends

## MODEL

Manika Sinha, Mrs International  
World Ambassador 2018,  
National Director of MIG India.

## DESIGNER

Sonaplu Kri  
Arunachal Pradesh

# Aura Fashion

Northeast International Fashion Week  
Director: Prasant Ghosh





SWAPNAJIT BORKAKOTI  
Photography



SWAPNAJIT BORKAKOTI  
Photography



SWAPNAJIT BORKAKOTI  
Photography



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SWAPNAJIT BORKAKOTI  
Photography





## MR. ABHAY SINGH GREWAL

The veritable discovery of Mahakumbh Mela in 2025

By:

**Mr. Lalit Rao**

E-mail: lalitmax2022@gmail.com

**T**he Mahakumbh Mela of 2025 has brought to light an unusual and thought-provoking personality: Mr. Abhay Singh Grewal. An alumnus of IIT Bombay, where he studied Aerospace Engineering from 2008 to 2012, Abhay Singh Grewal made a life-altering decision to abandon a high-paying corporate career and instead embrace the spiritual path. His transformation into a holy man (Baba) has captivated the nation, challenging not only the traditional idea of spirituality but also the prevailing societal norms.

In a country like India, where re-

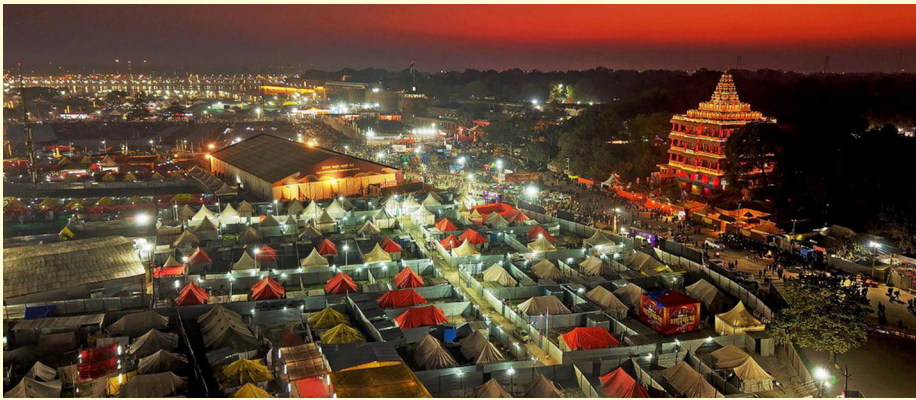
ligion plays a central role, the decision to become a Baba is often viewed with suspicion and skepticism. It is not a path easily taken, nor is it one that is universally admired. For Abhay Singh Grewal, this journey was not about renouncing material wealth alone but also about addressing deep-seated social and philosophical issues. His story, which emerged prominently during the Mahakumbh Mela, is a wake-up call for an India that is caught in the crossroads of modernity and tradition.

Abhay Singh Grewal's journey from an IIT-educated aerospace engineer to a revered spiritual leader is remarkable. For many, the decision to leave a lucrative career for the life of a Baba is almost unthinkable. This is particularly true in India, where societal success is often

measured in terms of high-paying jobs and material wealth. Yet, Grewal's choice has sparked a conversation about the true purpose of life.

The difficulty in accepting his transformation lies in the comfort-addicted mindset of the general public. For a society so driven by consumerism, the idea of someone willingly giving up worldly pleasures for spiritual enlightenment is challenging to comprehend. Abhay Singh Grewal has upset many by questioning their deep-seated belief systems and urging them to look beyond material pursuits.

The Indian electronic media has gone into overdrive, covering every aspect of Grewal's life and decision-making process. From intense debates to controversial interviews, he has been subjected



to a barrage of questions—many of them bizarre. A pertinent question arises here: Would the media have given him this level of attention had he not been an IIT graduate? The answer, undoubtedly, is no. The obsession with his educational background highlights a deeper issue in Indian society—our disproportionate reverence for academic pedigree over personal choice and individuality.

One of the most striking aspects of Abhay Singh Grewal's journey is the way it has exposed the flaws in the Indian parenting system. Parents in India often prioritize academic success and high-paying careers above all else, leaving little room for their children to explore alternative paths or develop a holistic understanding of life. Kids today are caught between the relentless pressures of social media and the unrealistic expectations of their parents, particularly in middle-class families. Grewal's life serves as a stark reminder that there is more to life than just professional success. His transition to a spiritual path raises questions about the need to balance ambition with self-discovery and fulfillment.

Grewal's background as an engineer-turned-Baba also underscores the importance of interdis-

ciplinary knowledge. In a world dominated by technological advancements, there is a growing need for individuals with a scientific background to delve into arts, philosophy, and spirituality. Such pursuits can lead to a deeper understanding of the human condition and provide insights into the complexities of life. Abhay Singh Grewal's intellectual depth and philosophical outlook make him a unique figure among holy men. Unlike many self-proclaimed spiritual leaders, he brings a blend of rationality and spirituality that appeals to a more discerning audience. However, understanding his perspective requires a mature and open mind, something that is unfortunately rare in today's polarized world.

Another significant contribution of Abhay Singh Grewal is his exposure of fake and dishonest spiritual leaders. Figures like Asaram Bapu and Bhagawan Rajneesh have tarnished the image of spirituality in India by exploiting the faith of their followers for personal gain. Grewal's principled stance and transparent approach have set him apart as a beacon of hope for those seeking genuine spiritual guidance.

By calling out such fraudulent practices, Grewal has not only restored faith in the concept of spiri-

tuality but also encouraged people to question the legitimacy of those who claim to be spiritual leaders.

The story of Abhay Singh Grewal is not just about an individual's journey but also about the larger issues plaguing Indian society. It forces us to rethink our priorities and redefine our understanding of success. Grewal's life challenges the notion that happiness and fulfillment can only be achieved through material wealth. Instead, he advocates for a more meaningful existence, one that is rooted in self-awareness and compassion. As a nation, we need to encourage more individuals to explore diverse fields and develop a well-rounded perspective on life. This includes promoting the study of arts and philosophy alongside science and technology. By doing so, we can foster a society that values critical thinking and emotional intelligence as much as it does technical expertise.

Abhay Singh Grewal's transformation from an IIT graduate and aerospace engineer to a holy man is a story of courage and conviction. He has emerged as the "Discovery of Mahakumbh Mela 2025," not just because of his unique journey but also because of the important questions he has raised about society, parenting, and spirituality. In a world increasingly obsessed with material success, Grewal stands as a reminder that true happiness lies in self-discovery and intellectual growth. His story is an inspiration for all, urging us to look beyond societal norms and embrace a more meaningful way of life. The journey of Abhay Singh Grewal is not just his own—it is a mirror to the aspirations, struggles, and potential of an evolving India.





# Maximize Your Home's Potential

A Simple Guide to Vastu Shastra Principles

By: **Manikangkana Devi**, Writer, Poet, Artist & Translator

**V**astu Shastra is an ancient Indian approach to architecture that shows you how to create a balanced and inviting living space. It focuses on bringing harmony, health, and prosperity

into your home. When you align your environment with nature, your place can become a true haven for your well-being and spiritual growth.

At the heart of Vastu Shastra are five key elements: earth, water, fire, air, and space. Each one plays a significant role in shaping the vibe of your surroundings. For example, earth stands for stability and



grounding, while water is linked to wealth and abundance. Interestingly, around 80% of modern Indian buildings now use Vastu principles, which highlight how important it's becoming.

The cardinal directions—north, south, east, and west—are super important in Vastu Shastra too. Each direction has its own unique energy traits. North brings in wealth; east is all about health and prosperity; west represents strength and stability; while south relates to change and growth. Traditional Indian homes take these directions into account when planning their layout, affecting the overall flow of energy in the space.

The Vastu Purusha Mandala illustrates cosmic order and acts as a sacred guide for designing spaces.

It reflects the connection between nature and people, helping shape how homes are built and organized.

In Vastu Shastra, it's super important to place your stove and sink in the right spots. Ideally, you want the stove in the southeast corner to boost health and wealth, while the sink should go in the northeast. This setup helps create good energy that supports nourishment and prosperity. Picking the right colors and materials is important too. Earthy colors like yellow or cream can bring stability, while bright colors like orange really lift the vibe. Mixing these shades with natural materials like wood and stone will give your kitchen a nice balance.

A tidy kitchen brings in positive energy, so keeping it organized is vital

for attracting abundance and good health. As one Vastu expert puts it, "The kitchen is the heart of the home; its energy directly influences the family's well-being."

For your bedroom, aim to have it in the southwest for better stability and restful sleep. Studies show that having bedrooms positioned well can improve sleep quality by up to 30%, which can really help mental health. Placing your bed against a solid wall and facing south can enhance sleep quality. Try not to put your bed under windows to avoid feeling restless. Using soft, calming colors like pastels or muted shades sets a peaceful mood. Adding natural elements like plants can also boost tranquility in the space.

Bathrooms are best situated in the west or northwest. Keep them



A bright and welcoming doorway invites happiness and success into your life. Adding plants and flowers to your garden can boost that energy even more. Aim for symmetry in your landscaping to promote balance and harmony.

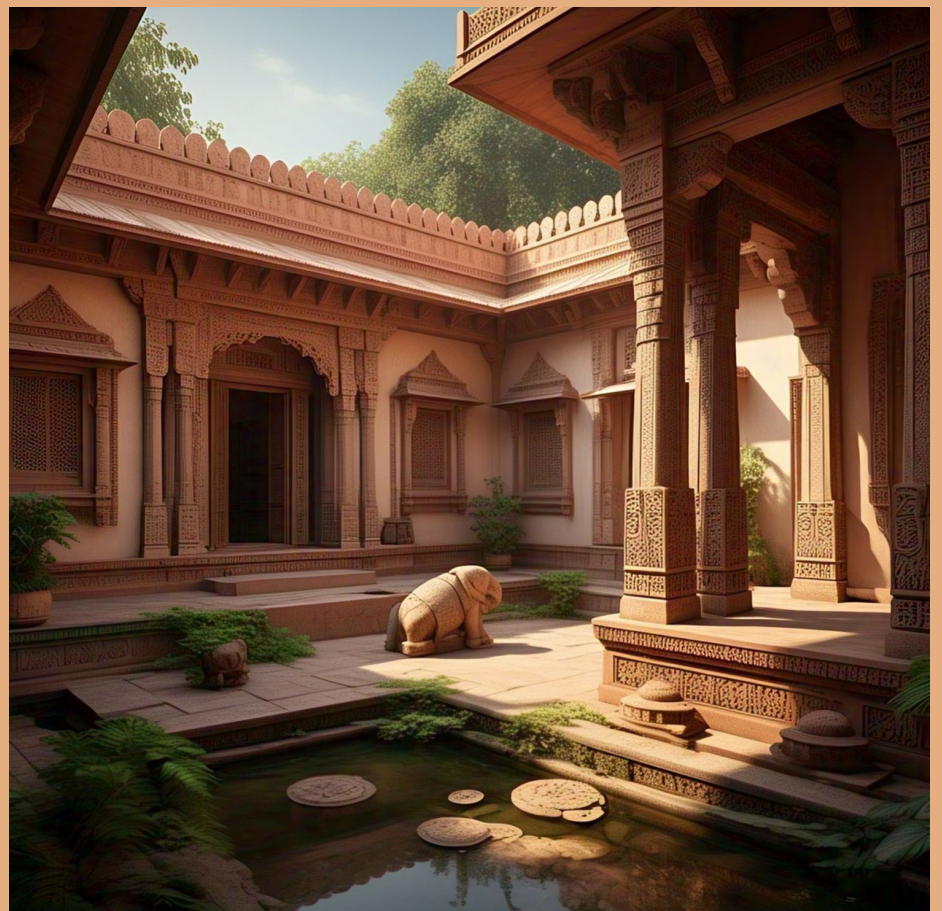
Bringing Vastu Shastra principles into your home can make your living space feel more balanced and harmonious. By tuning your environment to natural energies, you can boost your well-being and attract good vibes into your life. Whether you're building a new place or giving your current one a refresh, these tips can help turn your home into a peaceful and prosperous sanctuary. Embracing Vastu Shastra isn't just about sticking to rules; it's really about creating a supportive environment for your physical, emotional, and spiritual health.

clean and well-ventilated, and avoid placing them in the north-east to prevent negative energy.

When arranging furniture, make it easy for everyone to communicate. A circular layout encourages connection among family members, making for a warm and inviting atmosphere.

Mirrors can really change the vibe in a room, but where you put them is significant. Try not to place mirrors straight across from the door, as they might bounce away good energy. Letting in natural light can really lift the mood of the space.

Keeping your living room neat helps create a chill atmosphere. Make it a habit to declutter regularly so that positive energy can flow freely. For good energy coming into your home, it's best if your main entrance faces north or east.



# Aura Beauty Touch

Makeup Artist  
**POOJA TALUKDAR**

I'm thrilled to share my journey as a makeup artist. After completing my beautician course, I pursued a professional makeup artist course under the guidance of Zeba Jebin Akhtar Ma'am.

With a year of experience under my belt, I've had the privilege of participating in numerous events. My mentor's unwavering support and my self-belief have been instrumental in my growth.

Recently, I worked as a makeup artist at the Kaziranga Expo 2024, runway fashion show in Khanapara, Guwahati. The highlight was receiving positive feedback from clients for my work.

I'm ecstatic to know that the makeup look I created will be featured in this magazine, and I feel blessed for receiving such wonderful appreciation for my hard work. I would like to thank everyone who has supported me and is my strength in the long run.

# Aura Beauty Touch

Makeup Artist  
**DEVYANI CHAKRABORTY**



**A**s a professional makeup artist with a year of experience, I've had the privilege of working with an esteemed team of beauty pageants like Morning Star, Mayabini, North East and Kaziranga Expo. runway fashion show.

My journey has been enriched by seminars that have broadened my

knowledge and skills. I'm thrilled to be pursuing my passion as a makeup artist.

Currently, I'm balancing my work with academic pursuits, pursuing a degree to further hone my craft.

My ultimate goal is to become a renowned makeup artist, and I'm excited for the opportunities lying ahead.



the region have made their mark on the global stage.

As male pageants gain popularity worldwide, MALESTORM remains a trailblazer in Northeast India, inspiring a new wave of male models to pursue their dreams.

Every single men nowadays is concerned about their appearance ,words by Sri Prasantt Ghosh ,the Director and founder of Malestorm. This shift is reflected in the growing demand for plastic surgery among men, with procedures ranging from nose jobs to liposuction.

Malestorm empowering men to be their best.

Held biennially, MALESTORM attracts aspirants from across India, with 30 candidates selected for the finale. This esteemed pageant promises to unleash the best version of each participant. As the oldest and most extensive grooming program in the country, MALESTORM remains a unique pageant for male.

# MALESTORM

THE Ultimate Male Modeling Platform

Since 1999, MALESTORM has been revolutionizing the fashion landscape in Northeast India, providing a platform for male models to shine. In a region where women dominated the fashion scene, MALESTORM broke the mold, paving the way for

a new generation of male models.

Over the past two decades, Northeast India has witnessed tremendous growth in the fashion industry. From beauty pageants to national-level fashion weeks, talented models and designers from





# Valentine's day Fashion

By : **Laisang**, Shillong, Northeast India



**Best love fashion attire this Valentine's Day:**

**For Men**

1. Classic black tuxedo with red bow tie
2. Navy blue suit with crisp white shirt and red pocket square
3. Charcoal grey trousers with white dress shirt and burgundy blazer
4. Patterned dress shirt with dark wash jeans and blazer
5. White dress shirt with black trousers and statement red socks
6. Tailored black suit with subtle texture and pattern
7. Burgundy or plum-colored dress shirt with dark trousers
8. Light grey or beige suit with white dress shirt and patterned tie
9. Simple yet elegant black or navy blue sweater with dark trousers
10. Patterned or textured blazer with white dress shirt and dark trousers

**Couple's Fashion Ideas:**

- Matching red or pink outfits for a playful, coordinated look
- Complementary neutral shades with pops of red or pink accessories
- His-and-hers black tie attire with subtle patterned accents

- Coordinated pastel shades for a soft, romantic look

- Monochromatic color scheme with varying shades and textures  
Accessories for girls to style up and make your attire more beautiful.

Opt for a heart-shaped jewelry, such as earrings, necklaces, or rings

- Red or pink handbags, shoes, or belts  
- Floral arrangements or boutonnieres

- Customized or monogrammed accessories, such as cufflinks or phone cases.

Velvet, faux fur, or suede for a luxurious, tactile feel

- Satin, silk, or chiffon for a smooth, lustrous appearance

- Denim or cotton for a casual, relaxed vibe

- Leather or faux leather for a bold, edgy statement look.

Next when we think of Color selection we often all are good and get confused while choosing so here's an idea for you.

You can go for soft pinks, blush tones, and pastel shades,

-Deep reds, burgundies, and berry-inspired hues-

Whites, creams, and ivories for a clean, crisp look

- Blacks, navies, and dark greys for a dramatic, sophisticated feel

-Metallic shades, such as rose gold, gold, or silver can also give a very attractive and expressive look.

So when all set what about the make-up and hair style .....

Natural makeup with subtle pink or red accents

-Bold, bright lip colors, such as red or coral can give a nice look.

Romantic, effortless hairstyles, such as loose waves or braids are simple ofcourse but creates a very decent and attractive vibe .

Sleek, polished updos, such as buns or chignons and glowing, radiant complexions with subtle highlighting is also better.

Shoes, this is what that captures your personality the most & makes you more perfect in the attire you are wearing.

High heels, such as stilettos or pumps, in red or neutral shades can go for it.

Ankle boots or block heels in black, navy, or metallic shades too .

Flats, such as loafers or ballet shoes, in soft colors or patterns are also just perfect if you have a good height.

Statement-making shoes, such as bold buckles or glittering accents

Or comfortable yet stylish shoes, such as sneakers or wedges are suggested too.

Most important above all what is suggested is that dress according to the planned Valentine's Day activity or venue.

Consider personal style, body type, and comfort when choosing attire.

Moreover don't be afraid to add personal touches, such as customized accessories or meaningful jewelry.

Furthermore balance bold or bright pieces with neutral or understated items.

Have fun and express love and personality through fashion choices.





# VALENTINE'S DAY IN SINGAPORE

A Culinary Love Affair

By:

**Vanessa Jacqueline Dcruz**

Loani Chairperson ( Singapore )

**V**alentine's Day in Singapore is a grand celebration of love, and one of the most popular ways couples commemo-

rate this special day is by indulging in a romantic dining experience. From luxurious fine-dining establishments to cozy hidden gems, Singapore offers a diverse range of restaurants that cater to lovebirds seeking to make unforgettable memories. Here's a look at how Singaporeans celebrate Valen-

tine's Day at various restaurants.

## **Fine-Dining Extravaganza**

For couples who want to go all out, fine-dining restaurants provide an unparalleled experience. High-end establishments like Odette, Les Amis, and Jaan curate exquisite multi-course meals, complete with



wine pairings, ambient lighting, and breathtaking views. These restaurants often design special Valentine’s Day menus featuring premium ingredients like oysters, caviar, wagyu beef, and decadent chocolate desserts. Many Singaporeans book these places well in advance to secure the best seats, ensuring a night of elegance and romance.

### **Sky-High Romance**

Dining with a view is another favorite among Singaporean couples. Restaurants like Ce La Vi, Spago by Wolfgang Puck, and Zafferano offer mesmerizing skyline views, adding a magical touch to the romantic evening. Watching the city lights twinkle from a rooftop restaurant while sipping on a fine glass of champagne creates an unforgettable atmosphere, making the night even more special.

### **Cozy and Intimate Cafés**

Not every couple prefers a grand affair; some opt for a more relaxed and intimate celebration at charm-

ing cafés. Places like PS. Café, The White Rabbit, and Atlas Bar set the mood with their warm, inviting ambiance and carefully crafted Valentine’s-themed desserts and drinks. Many cafes also offer heart-shaped pastries, handcrafted chocolates, and special floral arrangements to enhance the experience.

### **Unique and Thematic Dining Experiences**

For those seeking something out of the ordinary, Singapore’s thematic restaurants provide a delightful twist to traditional romantic dining. The Ocean Restaurant, set within the S.E.A. Aquarium, allows couples to dine with a stunning view of marine life. Meanwhile, The Cliff at Sentosa offers a beachfront dining experience, where lovebirds can enjoy a seafood feast under the stars. For a more adventurous night, dining in the dark at NOX adds an element of surprise, as couples rely on taste and scent to enjoy their meal in complete darkness.

### **Casual Yet Romantic Hawker Experiences**

Some Singaporeans prefer to celebrate love in a more casual and affordable way. Hawker centers like Lau Pa Sat, Chomp Chomp, or Satay by the Bay offer a uniquely Singaporean Valentine’s Day experience. Enjoying delicious local delicacies such as satay, chili crab, and Hainanese chicken rice together under the open sky can be just as romantic as an expensive restaurant.

Valentine’s Day in Singapore is a vibrant celebration filled with love and culinary delights. Whether couples choose an opulent fine-dining experience, a sky-high romantic meal, a cozy café date, a unique themed dinner, or a casual hawker feast, the city offers something special for every love story. Ultimately, it’s not just about the food but the shared experience that makes Valentine’s Day a cherished occasion in the Lion City.

# Paloma

um filme de MARCELO GOMES

apresentando KIKA SENA



“I wanna get married in a church, I want God to bless our marriage, Ze”

Paloma (Kika Sena) is an illiterate, dark, Brazilian transwoman living with her partner Ze (Ridson Reis) and co-parenting their seven-year-old daughter. Being with humble belt of finances, she intermittently does hair and works as a hardworking farmhand in a papaya plantation. Her only elaborate dream is to socially get married with Ze in a church and gift him an expensive motorbike – in other words, to get recognised and collectively registered. Brazilian society is comparatively lenient in terms of same sex marriage and LGBTQ regulations, but religious recognition is still a far cry. In the midst of all adversities, criticism and affronts from the immediate circle, Paloma sees the priest of the village church and says,

“Father, I wanna get married in a church, I want God to bless our marriage”

...and the priest replies,

“The society has changed a lot. But

com Kika Sena, Ridson Reis, Zé Maria, Suzy Lopes, Ana Marinho, Samya de Lacerda, Welton Vasconcelos, Patrícia Bowllon, Nash Lalla, Márcio Fischer, Buda Lira e Anita de Souza Macedo como convidados.  
Produzido por João Vieira Jr. e Nara Aragão - Coproduzido por Pandora da Cunha Teles, Pablo Inácio e Ernesto Sato Conny - Produtores Associados Paulo Cosenza, Cati Gullone e Fabiana Bittencourt.  
Direção Marcelo Gomes e Edição Marcelo Gomes, Armando Praça e Gustavo Campos.  
Produção Executiva Janaina Bernardes, Ernesto Sato Conny, Manuela Mandler, Ana Saito, Pablo Torrecillas, Emille Georges, Sato Cissokho.  
Direção de fotografia Pierre de Kerchove, ABC - Montagem Rita M. Pastana - Direção de Arte Marcos Pedrosa - Figurino Gabi Campos - Maquiagem Donna Meirelles - Direção de Produção Luiza Soares.  
Elenco Maria Clara Escobar - Preparação de Elenco Silvia Lourenço - Música Original O Grivo - Som Direto Moabá Filho e Pedrinha Moreira - Edição de Som Elza Ferreira - Mixagem Branka Nestorovic.



# PALOMA

Questing Pseudo Resilience (A review)

By :

**Dr. Dipsikha Bhagawati**

Member, FCCI

Film Critic, Published Author,

Translator.

It is always comparatively easy to struggle a dream that conceives a minimum amount of possible success, but it is equally tough to persist with the something that contains only darkness deep down.



"I'm afraid I can't change the law."

This divulges the perennial tragedy of a marginalized community in quest of identity. Through tailored close-up and medium close shots, the film generously portrays the protagonist's sexual desires, her nude structure and even the most private parts, but sex is what's most common for her, the only thing she cries for is 'being accepted.' The sweetness and purity of Paloma are exquisitely captured by Kika Sena's detailed acting, which also highlights the fragility that travels with it. Paloma's past, including her pals who work in a sex parlor, is revealed as the story progresses, highlighting the sacrifices she has made in her pursuit of a better life with Ze and her desire for a traditional white wedding. An impoverished Black person struggling with illiteracy, she encounters several obstacles, confronts continual threats and casual comments, so her decision to cut herself apart from her support network in an attempt to achieve "normality" bears signif-

icant hazards. Sena's portrayal skilfully highlights Paloma's spirit's tenacity as well as the fragility companioning that crucial course.

In Spanish, Paloma means 'dove'. Doves are also symbolic of the Holy Spirit in Christian iconography and were the symbols of Aphrodite, the Greek goddess of love. Just as her name suggests, she's meek and amiable, but simultaneously a fighting spirit to find a registered room for herself and her dear family in the societal compartment as in mythological reference too, in the Bible, Noah released a dove to find land after the flood.

Director Marcelo Gomes snaps a timeless picture of a heroine bound for trouble, playing with light and dark. It has a warm, tropical vibe, yet it remains respectful. The bright white of Paloma's dream wedding stands out against the shadowy life she's forced to lead. Stepping into the light is a bold move, pushing against Brazil's shaky balance. The scene is set with care, as each shadow and beam of light tells a story. It speaks to the heart, showing a world where dreams clash with harsh truths. Paloma's steps echo her courage, daring to change her fate. The image is rich with feeling, a snapshot of hope in a land of challenges.

This empathetic Portuguese language film is not essentially about the complexities and cries faced by a naïve transwoman, but about her transparent determination to hit her 'customised goal', even being aware of its near futility. Paloma was nominated for the ICFT-UNESCO Gandhi medal at the 53rd International Film Festival of India, 2022 for emboldening noble reflection on societal issues and observing the themes of peace, non violence and forbearance.



# GOLDEN HUES

The night is the darkest before dawn.  
The dawn bedecks the sky,  
Slowly the golden hues of soft sunlight  
Bathes the world casting away the darkness.  
Bringing the new day of dream and hope.  
Warming each tree, leaves, grass insects....  
It seems all of life around sings to glorify creation.  
All creation vibrant under the sky.  
Awake from your sweet slumber.  
Open your eyes to a new day filled with love and hope.

By: **Monali Bhuyan**

# Love in Abundance

Love needs no loud noise to prove  
Love needs no yardstick to measure and approve  
Love stays in the heart in faith and warmth  
Growing in silence with beauty and trust.

Love is an eternal song we sing and hum  
Lyrics we write with ink of the heart  
True love thrives season to season  
Easing life's many gails and storms.

Love is a pure bond between soul to soul  
In this earthly life and even beyond  
Love is abundance of life  
Wrapping us through the flow of time.

Fall in love in this season of love  
Be a rose in someone's heart  
Let your scent fill a thousand nights  
your colour paint the whole pink sky.

By: **Vijaylaxmi Sarmah**  
Assam

Fashionable Century Studio / Institute

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