

SEPTEMBER 2024, ISSUE 55 | VOL - IV

# MYSTIC AURA

MAGAZINE

**UTPAL  
DATTA**

An exclusive  
interview

**FACIAL TYPES**

Skin & Age

**LIPSTICK CHOICE**

Your appearance matters

**DRAPING SAREE**

Unique look

## Attitudinal Looks

Mystery in the eyes, boldness in the vibes



# MYSTICAURA

*Wishes*

## Happy Teacher Day

It's the teacher that makes the  
difference, not the classroom







## **GITALI PATHAK DEKA**

### **Proprietor & Editor-in-chief**

She is a model, an educator and also a Master Trainer under the BRITISH COUNCIL. A lady with principles, positive vibes who always loves to inspire others to fulfill their dreams. Confidence, determination, will power and faith in God, her strength. Her indomitable talent in fashion world is known by all. She has been successful in winning many titles in State, National and in International level, Brand Ambassador of a few beauty pageants. Recently awarded with the most prestigious Nari Shakti National Award. She is Mrs India International (2nd runners-up) at Sri Lanka, Colombo.

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# MYSTICAURA The Team



## **MRIGAKSHI DUTTA BHARALI**

### **Copy Editor**

A model, Proprietor & Principal of Little Laurels Pre-school, Jorhat and a Master Trainer of English language under the BRITISH COUNCIL. She is the winner of Mrs Global Universal Queen International (1st runners-up) at Sri Lanka, Colombo.



## **BIREN NARZARY**

### **Chief Managing Editor**

He is a well known Graphic Designer and an employee of private commercial printing industry as a Sr. Graphic Designer.



# From Editor's Desk

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**T**his month, is the celebration of our teachers, who nurtured and guided us during our formative years, sowing the seeds of knowledge and wisdom. In short can be said as the transition month, where subtle changes unfold, often unnoticed. But besides human nature, it is the transformation in nature, breathtakingly beautiful, reminding us that growth and evolution are constant. As humans, we too crave positive change, seeking inspiration to shape our lives. We express our heartfelt gratitude to all those who have facilitated our growth, paving the way for a brighter future.

In the September edition of Mystic Aura, we cover up into our regular daily topics, followed by an exclusive interview and the captivating Aura pages, showcasing the magnetism of attraction.

Regards

**GITALI PATHAK DEKA**

Proprietor & Editor-in-chief



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## Mrigakshi Dutta Bharali

A classic lady that radiates a sense of grace and sophistication.

By profession, she is a teacher, working with young minds, which she truly enjoys. But beyond the class-room, she ventured into modelling driven by a passion for fashion. She finds a unique balance between these two worlds that helps her to shape who she is. She also had the privilege of working with esteemed designers and gracing runway shows in national and international platform. Her achievements in short include collaboration with different designers of India and features in renowned fashion magazines, which have fueled her dedication towards this craft. She always wished to be a beacon of empowerment for other women, showing that true beauty comes from self-respect, resilience and the courage to break stereotypes. She tried to use this platform to inspire, uplift and advocate for equality, proving that a woman's worth is far more than skin deep.



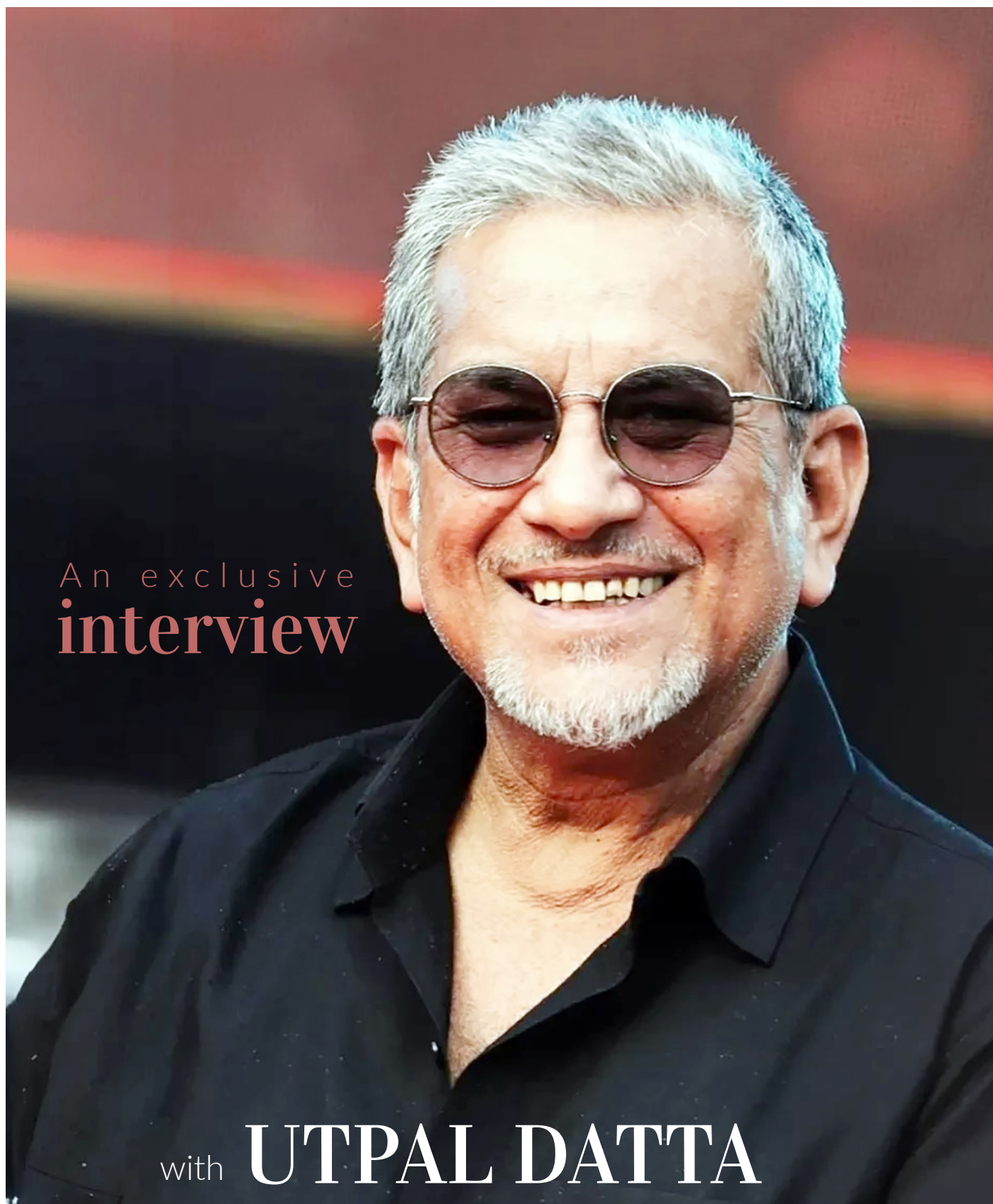


# Aura Kids



**Model:** Cham Charming Suchiang **Age:** 7 years **Class:** 2 **Place:** Shillong (Meghalaya) North East





An exclusive  
**interview**

with **UTPAL DATTA**

**A multifaceted personality with a distinguished career spanning journalism, filmmaking, writing and radio production.**





**1. As a well-known, multifaceted personality, would you like to share more about yourself?**

- Although I'm humbled by the kind adjectives that describe me, I'm simply a person who appreciates the joys of good music, books, films, and most importantly friends. Friends are the treasure of my life, and I firmly believe that 'Good friends are hard to find, harder to leave, and impossible to forget.' As time rolls on and we reach a age where we come to realize that factors like age, sex, and gender are fleeting and what truly matters is the depth of our connections and the understanding we share with others. I long for meaningful friendships that transcend superficial boundaries and bring people together on a profound level.

**2. Can you share what inspires your Writing and how you approach the Creative process, whether it's for a novel, screenplay, or film Critics?**

- Inspiration comes from within. No one can inspire me if I have no inclination toward a subject. I worship beauty and love to share my experience of beauty with my readers. For me, writing is a kind of meditation. I first think about the

subject, write the essential points, and start writing. I start writing if my mental process is ready with the thoughts, words and the flow. I do not know how the words come to my pen or the keyboard. Once the piece is ready, I read the writing and it's to my utter surprise and I am like ' how did it happen?'

I thought of it differently, but the written piece radically differs from my Imagination. I think the writer's philosophy of life guides the style and approach of any Writing.

**3 . Would like to know about your lifestyle in a nutshell, and how do you balance it with your professional life?**

- My lifestyle is simple and minimalist. My wife Namrata is also like that. I like colourful dresses, and my friends identify me as a man with a floral shirt. I give 100% to my professional work and personal life. I am not interested in increasing worldly treasures but I am more inclined to be rich with divine/artistic treasures. I prefer to buy books rather than purchase dresses of the latest trends and designs.







#### 4. Which authors or critics have influenced your writing style and approach?

- I love reading the book by Sourav Kumar Chaliha for his extraordinary intellect and deep understanding of human emotion. I love reading Bhabendra Nath Saikia's book for his approach to humanity. Satchidanandan's interpretation of images, events, and content. There are so many books by different authors and I love re-reading those as authors books. I loved Ranjan Banerjee's film criticism for his sharp writing and authorship. In my formative years as a critic, I was inspired by his sharp writing and followed his style. Later, I concentrated on creating my style.

#### 5. What's your favourite genre to write about/read? Why?

- I love to write words. Genre is not necessary to me; what is important is the communication process. I love to experiment with words. I am talking about creative writing applied writing is excluded. I want to say something and try to

communicate those thoughts with meaningful and compelling words. Beauty in presentation is important to me. And about reading, I love reading prose and poetry and topics like film, literature and aesthetics.

#### 6. Would you kindly share your remarkable achievements so far?

- I won a National Film Award for critical writing in Cinema, received the Best Director of Short Film award in the State Film competition, and the Best Award for Books on Film. I also received the Laadli Media award and RAPA Award in Radio production with my colleague Prabal Sarma. We received a good number of National and International fellowships for Radio Production.

#### 7. How do you handle negative feedback on social media?

- Negative feedback is a kind of criticism. It compels me to re-examine my work from a different perspective. Trolling might hurt someone, but it is fun and executed cruelly.

#### 8. Can you share a memorable experience or interview with a notable figure in the industry?

- I got an opportunity, a chance to interview Khushwant Singh while he was at Sibsagar for the Assam Sahitya Sabha. He granted me 30min, and just after 29 months, he said, "Our time is up now." That was a remarkable interview. I also interviewed Bhupen Da several times. He was a moody person. A child lives in him. During my Akashbani days, I was fortunate to interview many notable figures.

#### 9. How can writing and criticism impact society and culture?

- The influence or impact of writing in a society is hardly visible. It has to pass the examination of time. Writings help to create a cultural environment, but this impact is not immediate.

#### 10. What advice would you give aspiring writers and critics looking to make their mark in the industry? What critical skills or mind-sets do you believe are essential for success?

- Success has no shortcut. The only mantra is love, learn, and work. Love the work, learn the tricks -theories and words with complete dedication.

#### 11. As you are the monthly writer of Mystic Aura magazine, would request you to write a few lines for the magazine.

- Mystic Aura is a sincere work of art. It is well-produced and well-edited fashion and lifestyle magazine. The magazine is about fashion and beauty that gives pleasure to go through the wide variety of styles and creations in the Pages.



# OUR IDENTITY

You are here

You exist, that is our identity.

Life is a big drama of the universe.

We all are the actors.

Playing the roles allotted by the Almighty.

We fight, we love, we lose, we are jealous of each other.

We are selfish, we are passionate.

We are what we are in the role of this drama named "Life".

Life is an identity of a human.

It exists till we breathe

Once we are gone

We are just memories.

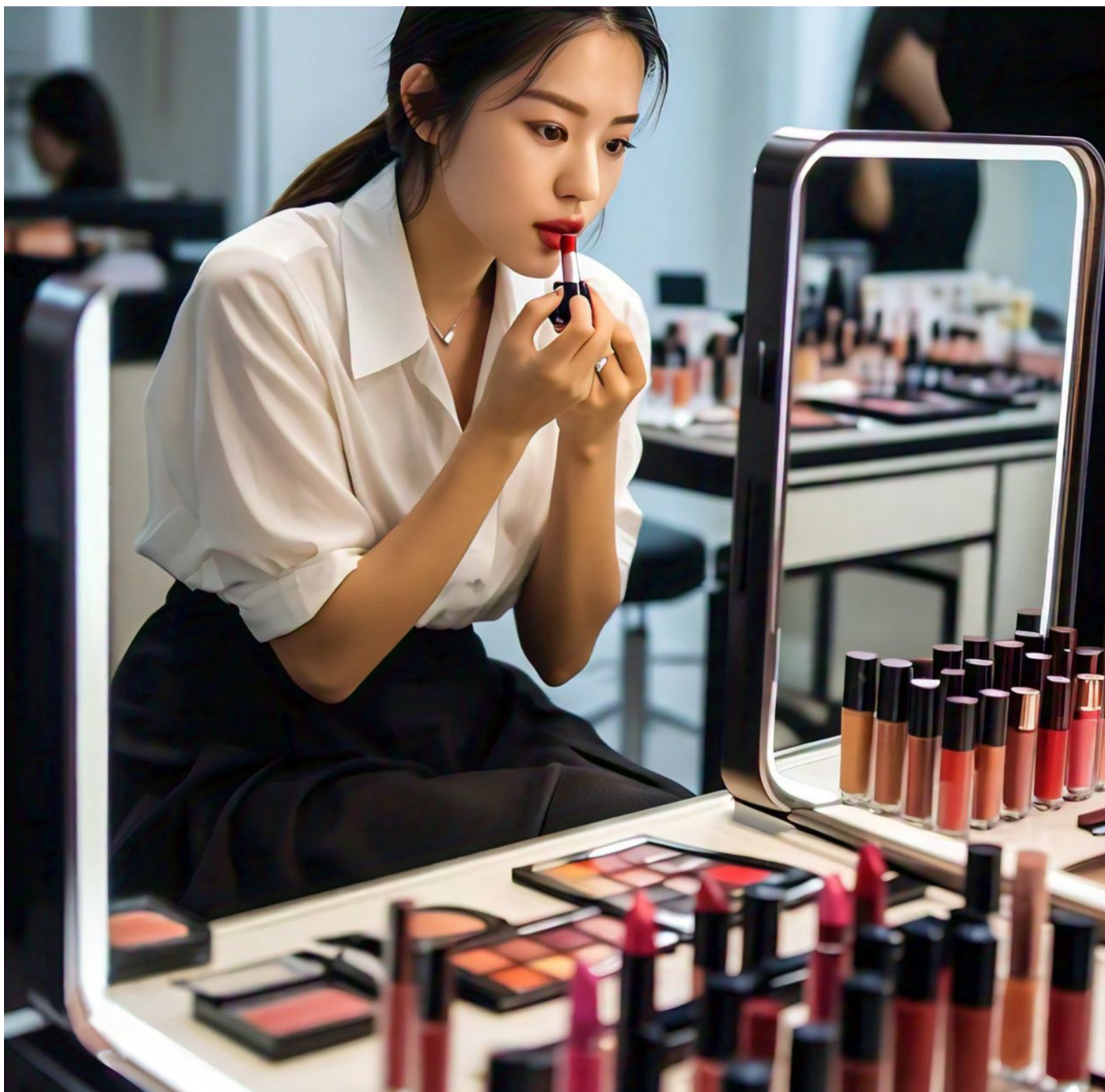
By: Monali Bhuyan



# Aura Beauty

Model  
Mrigakshi Dutta Bharali





# How lipstick choices influences the appearance of your teeth

By: **Dr. Nikhita Nagar**

Celebrity Dental Surgeon | Mental Health Educator | Sociopreneur  
Founder/President - Being Caring Organisation

**W**hen it comes to enhancing your smile, the shade of your lipstick

can make a significant difference. The right hue can make your teeth appear whiter, brighter, and more

radiant. However, with the vast array of lipstick colors available in the market, making the right





choice can be daunting. This guide is here to simplify your search, ensuring your lips complement your pearly whites.

### 1. Understanding the Color Wheel:

Before we delve into specific shades, it's crucial to understand the basics of color theory. Opposite colors on the color wheel can cancel each other out. Since teeth often have yellow undertones, shades with blue undertones will counteract the yellow, making your teeth appear whiter. Warm-tone lipsticks tend to emphasize and make your teeth look more yellow, while cool-tone lipsticks will make your teeth look white.

### 2. Berry Tones are Your Best

#### Friend:

Berry hues, especially those with blue undertones, are a dental

favorite. Raspberry, plum, and cherry tones are perfect for emphasizing the whiteness of your teeth. The cooler undertones contrast against the slight yellowness of teeth, creating an illusion of a brighter smile.

### 3. Go for Classic Red with Blue Undertones:

A classic red lip never goes out of style. However, to enhance the whiteness of your teeth, choose reds with blue undertones rather than those with an orange or coral base. Reds such as crimson, wine, or ruby are top choices for a dazzling smile.

### 4. Nudes with Pink or Neutral Bases:

For those who prefer a subtler look, nudes are a fantastic option. Instead of peach or brown-based nudes, pick those with pinkish or neutral undertones. These hues







will not cast a yellow shadow on your teeth, ensuring they look natural yet bright.

### **5. Avoid Bright Oranges and Corals:**

Bright orange and coral lipsticks, although trendy, can emphasize the yellow undertones in teeth. If you're aiming for a whiter smile, it's best to steer clear of these shades.

### **6. Gloss it Up:**

Glossy lipsticks or glosses, especially those with a bit of shimmer or blue undertone, can reflect light, creating the illusion of whiter teeth. So, if you're looking for an extra touch of sparkle, don't hesitate to gloss it up!

### **7. Dental Pro Tip: Maintain Good Oral Hygiene:**

Of course, the foundation of a radiant smile is good oral hygiene. Ensure you're brushing, flossing, and scheduling regular dental check-ups to maintain your natural white teeth.

Your choice of lipstick can either be a boon or a bane for your smile. With these tips, you're now equipped to pick shades that not only enhance your overall look but also ensure your teeth sparkle their brightest. Remember, while the right lipstick shade can make a difference, nothing beats the confidence of a naturally healthy and well-maintained smile. Stay Healthy and keep smiling.





**KAKOLI TAMULI**

**WITH EVERY STEP A DREAM UNFOLDS**  
a choreographer's fashion journey





### 1. Your introduction and how you became a fashion choreographer?

- Hi, I am Kakoli Tamuli from Dibrugarh in Assam. Am a model, started modeling from the year 2000. Walked the ramp in Northeast as well as in Delhi for some renowned fashion designers. My Guru, Dipankar Baba Kashyap who introduced me to this fashion industry. Started my career in fashion choreography in 2011 and I knew this was the only thing I wanted to do rest of my life. Later on my mentors Prasant Ghosh sir and Medha Saikia mam really inspired me to take up choreography as my profession. I started working under my Guru as well as my mentors and gathered experiences in runway shows as a choreographer. Blessings, love and support from all pushed me to the place where I am today at present. To speak honestly life is a never ending experience/ learning and I am still in that process of learning in every coming show I do choreography.

### 2. Have you worked on similar projects outside your state and country?

- Yes I was fortunate enough to work on similar projects outside my state Assam and county too. I have been choreographing shows in Delhi, Jaipur, Chandigarh etc. Worked with the Assam team under FNDC in Celebrating Assam during Festivals of India in Bangkok in 2015.

### 3. What is the difference you find with the fashion choreographers of national and international level?

- Both national and international choreographers are unique in their own ways. There are lots to learn from them actually. The technical things, the creativity everything, you will find something or other

new every time you follow them.

### 4. What are some key elements you consider when choreographing a runway show?

- As a choreographer we have to consider various elements such as the runway, the music, the models, lighting, the props(if any) and the audience too.

### 5. Can you share a memorable experience or challenge you faced while choreographing a show?

- If I say it's not one but every show is a memorable one which I choreograph. Every time it's a new experience. Challenge is there of course how to make each one a better one than the previous ones.

### 6. To be a choreographer does any professional training or certification is needed or anyone can be a choreographer.

- "Nowadays, there are institutes that offer training to become a skilled choreographer. During my modeling days, I had the opportunity to observe and learn from my mentors and gurus, who were exceptional choreographers. I adopted many of their techniques and strategies, which helped me immensely in my early days. To become a professional fashion choreographer,







I strongly believe that undergoing formal training is essential. It provides a solid foundation and helps you develop the skills and expertise needed to succeed in this field."

**7. You are a very popular and good fashion choreographer, people would definitely like to know about your achievements so far.**

Thank you for the appreciation.  
- I am honored to have received several prestigious awards and recognition for my contributions to women's empowerment and the fashion industry. Notably, I was awarded the International Human Rights Organization's Women Empowerment Award on International Women's Day in 2020 at the India International Centre in New Delhi. The same year, I was also recognized as one of the Pioneers of the Assam Fashion Industry by the Fashion Fraternity of Assam. Most recently, in 2021, I was awarded the Society Icon award by Navdrishti Times at

a ceremony held at Hotel Le Meridian in New Delhi. These recognitions are my hard work and dedication passion for creating positive impact and empowering women through fashion."

**8. How do you handle last-minute changes or unexpected issues during a show?**

- To be honest during such situations the choreographer has to be smart enough to tackle and move on . I need to motivate the models and the team , encourage them to stay focussed and go with the flow. I believe it's just the effort of the whole team that makes a difference ,a step to be successful.

**9. What do you think is the most important thing to remember when creating new choreography?**

- I feel to create a new choreography the choreographer has to balance the artistic and practical aspects of the show, such as the flow, the pace, the spacing, the poses etc.

**10. What advice would you give to aspiring fashion choreographers looking to break into the industry?**

- I suggest if someone really wants to be a professional fashion choreographer please go through a proper training. Initially assist or work under few seniors or mentors and then you are ready to go for your own.

**11. A few lines for Mystic Aura magazine.**

- Mystic Aura is an online fashion and lifestyle magazine providing good information about fashion world and gives platform to aspiring models and fashion enthusiasts. I enjoy going through it. The whole team is very hard working and doing really good. My best wishes are with Gitali and her team in all their undertakings.







# The Clean Beauty Movement

By :

**Brian La Cour**

Writer/author and Entrepreneur  
US.

In recent years, the clean beauty movement has emerged as a powerful force in the beauty industry, driven by a growing consumer demand for non-toxic, eco-friendly products. This shift

reflects a broader awareness of the impact that beauty products can have on our health and the environment. As more people become conscious of the ingredients in their skincare and makeup, the clean beauty trend is reshaping the way we approach our daily routines.

At its core, clean beauty focuses on the use of products that are

free from harmful chemicals and ingredients. This means avoiding substances like parabens, sulfates, phthalates, and synthetic fragrances, which are often linked to various health issues. Instead, clean beauty products prioritize natural and organic ingredients, offering a safer alternative for consumers who are mindful of their skin's health and the planet.



One of the primary benefits of clean beauty is its emphasis on ingredient transparency. Consumers are increasingly demanding to know what goes into the products they use. Clean beauty brands often provide clear labeling and detailed ingredient lists, making it easier for consumers to make informed choices. Additionally, many clean beauty products are formulated to be gentle on the

skin, reducing the risk of irritation and allergic reactions.

Another advantage is the environmental impact. Clean beauty brands typically prioritize sustainable practices, from sourcing raw materials to packaging. This commitment to sustainability not only helps reduce the beauty industry's ecological footprint but also aligns with the values of environmentally

conscious consumers.

Despite its growing popularity, the clean beauty movement is not without its misconceptions. One of the most common myths is that natural ingredients are always safer than synthetic ones. However, not all natural ingredients are beneficial, and some may even irritate. Similarly, some synthetic ingredients can be safe and effective.







tive. Consumers need to research and understand the safety profiles of individual ingredients rather than relying solely on their natural or synthetic origins.

Another misconception is that clean beauty products are less effective than their conventional counterparts. While it's true that some clean beauty products may have a different texture or scent due to the absence of certain additives, many brands have developed formulations that deliver impressive results without compromising on safety or efficacy.

#### Transitioning to a Clean Beauty Routine

For those looking to embrace clean beauty, the transition can be gradual and personalized.

Here are some tips for incorporating clean beauty into your routine:

**Start with Research:** Familiarize yourself with common harmful ingredients and identify your triggers. Numerous online resources and apps can help you decipher ingredient labels.

**Prioritize Key Products:** Begin by swapping out products that stay on your skin for long periods, such as moisturizers, foundations, and lip balms. These are more likely to penetrate the skin and should be a priority when transitioning to clean beauty.

**Look for Certifications:** Certifications can be a helpful guide in identifying trustworthy clean beauty products. Look for labels like USDA Organic, Leaping Bunny

(cruelty-free), or EWG Verified, which indicate adherence to specific safety and ethical standards.

**Embrace Minimalism:** Clean beauty often aligns with the minimalist approach to skincare and makeup. Focus on fewer, high-quality products that serve multiple purposes, reducing clutter and waste.

**Stay Informed:** Follow beauty influencers and experts who advocate for clean beauty. Social media platforms are a great source of inspiration and information, showcasing new products and brands committed to clean beauty.

Social media has played a crucial role in promoting the clean beauty movement. Platforms like Instagram and TikTok have enabled consumers to share their experiences and discoveries, creating a community around clean beauty. Influencers and beauty gurus are increasingly highlighting the importance of ingredient transparency and sustainable practices, encouraging their followers to make conscious choices.

In conclusion, the clean beauty movement is not just a trend but a significant shift towards healthier, more sustainable beauty routines. By prioritizing ingredient transparency, embracing minimalism, and staying informed, consumers can enjoy the benefits of clean beauty while contributing to a more sustainable future. Whether you're a seasoned beauty enthusiast or new to the world of skincare, clean beauty offers a valuable opportunity to align your routine with your values.



# Aura Style

MODEL  
Isha Upadhaya

PHOTOGRAPHY  
Anirban Bhattacharya



# NEVER GIVING UP

Life is not a choreographed dance play  
To move in rhythm of perfection every day  
It's a show where every scene is abrupt  
Now King on the throne now falling from board  
To rise again and climb up the hill  
Not letting set backs to upset the determined will  
Tells of the strength of a genuine personality  
Persistent with belief of reaching the mountain peak  
Regardless of failures, of troubles and hardships  
Consistently moving ahead weaving tapestries of sunkissed dreams  
Exemplify an individual's undaunted courage to carry on  
Rising from the abyss to reach the highest echelon.

By: **Vijaylaxmi Sarmah**





By :

**Nikita Dey**

**D**ifferent types of facials cater to various skin types and age groups .

### 1. Oily Skin Facials

- Oily skin is often characterized by excess sebum production, leading to a shiny appearance and a tendency for acne and enlarged pores. So for such skin best would be

**Deep Cleansing Facial:** This facial focuses on removing excess oil and

impurities. It typically includes steam, exfoliation, and extractions to clear clogged pores.

- **Clay Mask Facial:** Clay masks are excellent for absorbing oil and detoxifying the skin. This facial often includes a clay mask application followed by hydration to balance the skin.

### 2. Dry Skin Facials

- Dry skin lacks moisture and can appear flaky, dull, and rough.

So best would be

- **Hydrating Facial:** This treatment uses rich moisturizers and hydrating masks to replenish moisture levels. Ingredients like hyaluronic acid and

glycerin are commonly used.

- **Nourishing Facial:** This facial focuses on providing essential nutrients to the skin, often incorporating oils and serums that promote hydration and elasticity.

### 3. Combination Skin Facials

-Combination skin features both oily and dry areas, typically with an oily T-zone and dry cheeks. So you can go for

**Customized Facial:** A tailored approach that addresses the specific needs of both oily and dry areas. This may include different masks and treatments for each zone.





- **Balancing Facial:** This facial aims to balance the skin's oil production while providing hydration to dry areas, often using lightweight products.

#### 4. Sensitive Skin Facials

- Sensitive skin is prone to redness, irritation, and allergic reactions.

So you can do

- **Soothing Facial:** This treatment uses gentle, calming ingredients like aloe vera and chamomile to reduce redness and irritation.

- **Anti-Redness Facial:** Specifically designed to target inflammation, this facial often includes cooling masks and serums that help to strengthen the skin barrier.

#### 5. Acne-Prone Skin Facials

-Acne-prone skin is characterized by frequent breakouts, blackheads, and blemishes. Your skin require

- **Acne Treatment Facial:** This facial includes deep cleansing, exfoliation, and targeted treatments like salicylic acid to help clear acne and prevent future breakouts.

- **LED Light Therapy Facial:** Utilizing blue light therapy, this facial helps to kill acne-causing bacteria and reduce inflammation.

Facials should also be done as according to different age groups which is mostly recommended by a beautician.

#### For (Ages 13-19)

- hormonal changes and acne should go for

- A gentle facial that focuses on cleansing and treating acne without harsh chemicals.

- **Basic Hydrating Facial:** Aimed at introducing proper skincare routines, this facial hydrates and educates teens on maintaining healthy skin.

#### For (Age 20-30)

-Preventative care and addressing early signs of aging.





- **Anti-Aging Facial:** This treatment uses advanced techniques and products rich in peptides and antioxidants to combat deep wrinkles and sagging skin.

- **Firming Facial:** Focuses on lifting and tightening the skin, often incorporating facial massage and specialized masks.

Choosing the right facial treatment is essential for achieving optimal skin health and appearance. If you know the different types of facials available for various skin types and age groups, you can keep your skin ever glowing, whether you have oily, dry, sensitive, or mature skin, there is a facial designed to enhance your natural beauty and promote a radiant complexion.

**NB: Regular facials, combined with a proper skincare routine, can significantly improve skin health and appearance over time.**

- Preventative Anti-Aging Facial can be done for it incorporates antioxidants and hydration to combat early signs of aging.

- **Exfoliating Facial:** Focuses on removing dead skin cells to promote a fresh, youthful appearance.

#### **For (Age 30-50)**

- fine lines, wrinkles, and loss of elasticity so

- Facial Types can be like

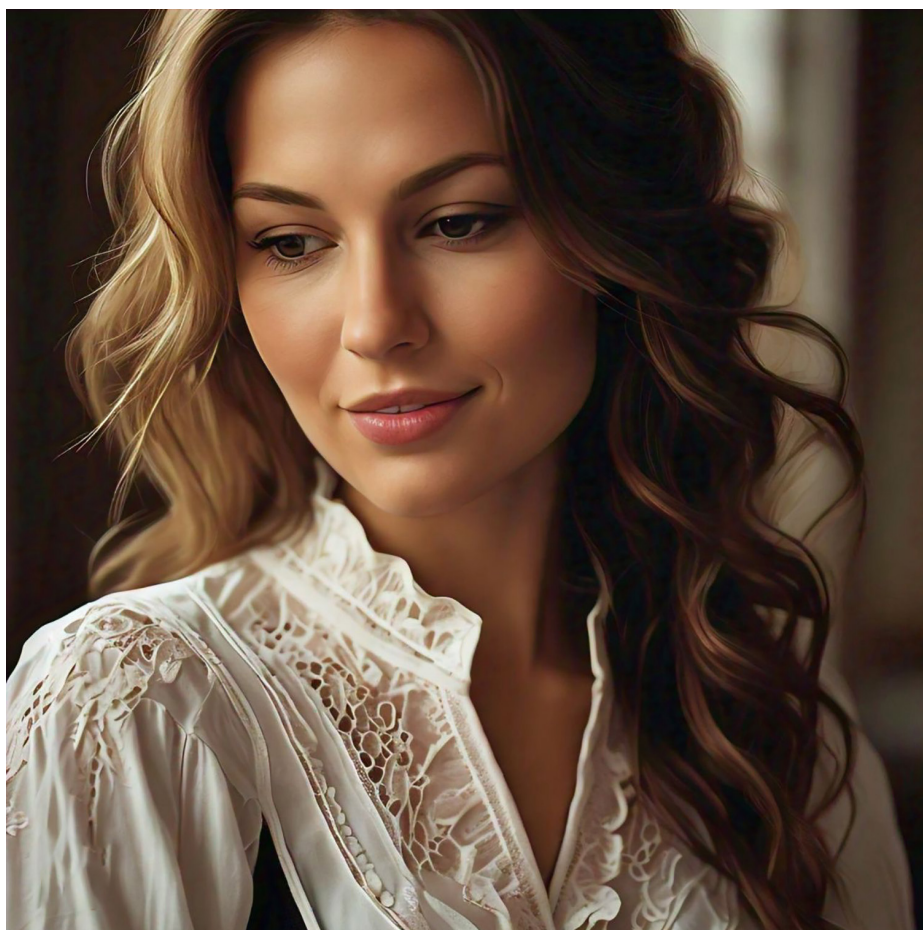
- **Rejuvenating Facial:** This facial often includes collagen-boosting treatments and serums to improve skin firmness and elasticity.

- **Microdermabrasion Facial:** A more intensive exfoliation treatment that helps to reduce the appearance of fine lines and sun damage.

#### **Mature Skin Facials (Age 50+)**

- Hydration, nourishment, and repair.

- Facial Types:





MODEL

Yanina Kalganova  
Russian actor

PHOTOGRAPHY

Kenneth Kisbye  
Denmark

AURA PHOTOGRAPHY





# Are You Able to Concentrate & Focus?

By:

**Vanessa Jacqueline Dcruz**  
Loani Chairperson ( Singapore )

**I**t is common knowledge that when we concentrate & focus on our work & what we set out

to do, we can achieve our goals. It takes effort to achieve our success. Sometimes it is a long journey but if we remain focus and concentrate, we can do it. Now, the problem in life is that there is a never a straight road. We will face bumps and we can get distracted. We lose focus and concentration. For example, you tell yourself that

you must complete your article on a certain day and when that day arrives, your friends ask you to join them in for a drinking session. If you are not focus on what you want to do, you will not reject your friend's invitation thus causing a delay in the completion of the article. If you are, you will reject and complete writing your article.





When you are in the middle of a project and when your boss wants you to do another project, you will be able to reject it.

Being able to concentrate, focus and being centred, will help you to accomplish what you want. It is like being in your home. You will be comfortable in your own home. You are calm and collected. Your mind is not distracted. Just think of your body temperature, if it is normal, you will feel alright but if it changes, you will start to feel sick. You lose your balance. To take a reference of a Chinese saying,

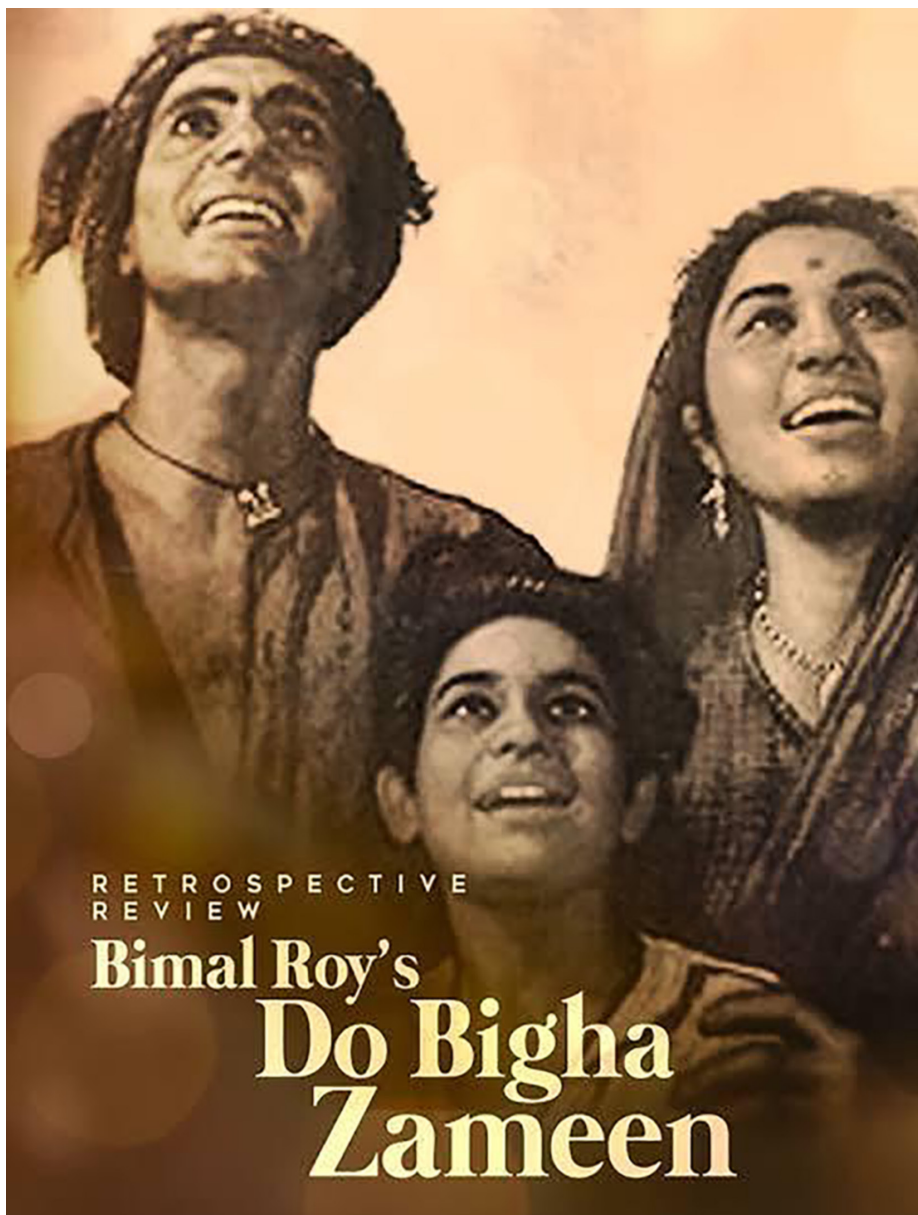
your Yin & Yang needs to balance for you to be at your best.

If you feel like you are being distracted, stop and have a time off for yourself. Go for jog, meditate, sleep or read your favourite book. In other words, do things that will calm your mind and restart your focus. It is like switching off your car engine when it gets too hot. You must keep the engine cool. It is also important to remove negative thoughts in your mind. Sometimes when we are doing a project, we start to have thoughts whether your project is going to

be approved or whether others will like your speech or how they are going to react to it. All these negative thoughts may cause you some distraction to your concentration.

Build into yourself the wisdom that you need to everything to keep you focus and concentrated. Don't get crazy with your thoughts. Do not get distracted. There is no question that staying close to your focus and concentration is your best interest. I encourage you to explore this idea, work with it & enjoy the rewards.





# Neorealism registered Do Bigha Zamin

(A review of the movie)

By :

**Dr. Dipsikha Bhagawati,**  
Writer/author/Critics, Assam.

"Neorealism is the Italian literary and cinematic movement, flourishing especially after World War II, seeking to deal realistically with the events leading up to the war and with the social problems that were engendered during the period and afterwards."

(Encyclopedia Britannica)

The wave of neo realism received a powerful boost with one of the most momentous directors of Indian cinema, Bimal Roy, who used the rising spark of neo realism with his stellar mise en scene as an efficient display of social realism, entered the genre with the historical film 'Do Bigha Zamin' (1953). It is one of the pioneering films of Indian cinema which avoids melodramatic approach and successfully delivers an acute social message that evokes audiences' understanding of the life of villagers and the widespread impacts of urbanization. The director transparently depicts the fate of Shambhu Maheto (Balaj Sahni) – a struggling farmer who tries to safeguard the land of his ancestors to the invasion of a rich landlord. In one of the most emotional moments possible, this movie manages to illustrate the type of troubles that the rural population may have – poverty, being in one's prime, and not being able to do a thing about it and the spirit of people who, despite the circumstances, never give up. Thus, 'Do Bigha Zamin' is effectively transformed into a visual narrative concentration from social Visions of rural India. Because the story is set within the Indian countryside, it can be considered quite realistic and thus, again, didactic. Strong characters- like Shambhu and Parvati are created especially and their hardships, feelings and connections are represented. Parallely, the film refers to the proximate problems like land grabbing, rural





destitution, and the division into the rural and urban world that the movie forefronts.

Do Bigha Zamin is indeed a plain canvas of the analogy for the hero's ability to lead an existence of his choice — which is not possible for him in the town or the city. What is more stunning than a part of its dialogues is the picturisation of the movie — the last scene, the flood on the fields and the tantalising shots of the multiple perspectives of the city of joy. Balraj Sahni has given a brilliant performance which is the about-face that the film negotiates; he looks like a pure metropolitan object in spite of his migrated status. Cart drivers were trained nearby real cart pullers as kid Parikshit and his sister sat in the cart.

As a frontliner of neo realism, Bimal Roy, just like the Maestro Satyajit Roy was organically influenced by the leading figure of the neorealist movement, Vittorio De Sica, whose 'Bicycle Thieves' is timelessly regarded as a textbook for the filmmakers. This is because Do Bigha Zamin has indubitably

won its place as an interpretative film in Indian context for pioneering utilisation of social neo-realism and imaginative cinematography.

The cinematics exist in the act of researching substantiated matters— poverty, getting to carrier, and social heterogeneity and the challenges faced by the ordinary people. It goes deep into the everyday struggle and victories of the villagers, close to a documentary modality, set against the backdrop of raw India to reveal the harsh realities of life in the provinces before coming across anything that resembles the idealistic movies dominating the Indian screen at the time. The captivating cinematography of Kamal Bose depicts the concerned rustics of the country and the turmoil of the farmers' life. He uses standard illumination, filming on area and handheld camera procedures to give the appear and feel of realism and intimacy and affects several subsequent Indian movement pictures and erects Do Bigha Zamin as a landmark motion picture of India.

Eminent cinematographic components include the famous shot of the agriculturist, Shambhu, moving through the fields to represent his association with the arrive, the utilize of close-ups to communicate feelings and emphasize the characters' battles, and the consolidation of normal sounds and music to improve the film's realness and passionate affect. Do Bigha Zamin serves as a benchmark for social neo-realism and cinematography, forming Indian cinema and motivating future producers to investigate similar themes and strategies.

With an engaging plot and performances, Do Bigha Zamin set a precedent for the Indian film industry for its focus on social justice. It is still a well-regarded classic and the spark that's inspired future writers and filmmakers of its kind. Through dealing with 'farming, debts and the 'power of the bureaucratic State' debates in the early 20th century, scripted film history; thinking weaved in with Naya Daur (1957), Gaman (1978), Ankur (1974), Manthan (1976) and, obviously, Mahanagar.





# AURA PHOTOGRAPHY

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# DRAPING SAREE

unique in appearance

By : Rosy Das

**T**he Allure of the Saree, a Blend of tradition and modernity.

Wearing a saree can also make

you look attractive and graceful.

Saree, a traditional garment worn by every women in India is a timeless piece that has transcend-

ed generations and continues to evolve in style and presentation. It often relates with cultural heritage and elegance, the saree can





also be incredibly attractive and sexy, showcasing one's personality and confidence. Exploring how the saree can be styled to enhance its allure, making it a versatile choice for various occasions. It all depends on how one likes to drape.

One of the most appealing aspects of the saree is its versatility. It can be draped in numerous styles, each offering a unique style. From the classic drape to the contemporary traditional style, the way a saree is worn can dramatically change its appearance. This adaptability allows women to express their individuality while embracing

tradition.

For instance, a saree can be draped in a way that accentuates the curves of the body, creating a flattering stylish look. The fabric can be chosen to suit the occasion and season —light-weight chiffon or georgette for a casual outing or luxurious silk for a formal event. The choice of draping style, fabric, and color can all contribute to a look that is both attractive and sexy.

One must have a rough idea of choosing the right fabric and color while purchasing a saree so that it's

comfortable for the one who is wearing .

The fabric of the saree plays a crucial role in how it looks and feels. Lighter fabrics like chiffon,

**"A saree can be draped in a way that accentuates the curves of the body, creating a flattering stylish look."**

georgette, and crepe can create a flowy, ethereal look, while heavier fabrics like silk and brocade can add a touch of opulence. The choice of color also significantly impacts the overall appeal. Bold colors like red, royal blue, and emerald green can exude confidence and allure, while softer pastels can create a more delicate and feminine look.

Additionally, prints and patterns can enhance the saree's attractiveness. Floral prints, geometric designs, or intricate embroidery can add visual interest and draw attention to the wearer. When paired with the right accessories, such as statement jewelry or a stylish clutch, the saree can transform into a head-turning ensemble.

Draping is an art that can elevate the saree from traditional to trendy. A well-executed drape can highlight the waist, elongate the legs, and enhance the overall silhouette. For a sexy look, consider draping the saree in a way that reveals a hint of the midriff or showcases your curve very beautifully. The contemporary style of wearing the saree with a high slit or pairing it with a crop top can create a modern twist that is both fashionable and alluring.

Experimenting with different draping styles can also add a playful element to the saree. For instance, the 'Bengali drape' allows for a more relaxed and flowing look, while the 'Maharashtrian drape' can be more structured and sophisticated. Each style offers a different way to express femininity.





ty and confidence.

Accessories play a vital role in enhancing the attractiveness of a saree. The right jewelry can complement the outfit and add a touch of glamour. Statement earrings, chunky necklaces, or delicate bangles can elevate the overall look. When accessorizing, it's essential to strike a balance; if the saree is heavily embellished, opt for simpler jewelry, and vice versa.

Footwear is another critical aspect. High heels can add height and elegance, while stylish flats can create a more relaxed vibe.

When everything is perfect ultimately, the most attractive quality a woman can wear is confidence. The saree, with its rich history and cultural significance, can empower women to embrace their feminin-

ity and express themselves. When a woman feels good in what she is wearing, it radiates through her demeanor and presence.

Learning how to drape it comfortably, choosing styles that flatter one's body type, and experimenting with different looks can help build self-confidence. When a woman walks into a room wearing a saree with confidence, she becomes the center of attention, embodying both elegance and allure

In conclusion, the saree is not just a traditional garment; it is a canvas for self-expression and a celebra-

tion of femininity. With its versatility, the right choice of fabric and color, innovative draping styles, and impactful accessories, the saree can be transformed into an attractive and sexy outfit if it's worn with a fashionable blouse or a crop top depending on the blouse design. Embracing this beautiful attire a woman reveals their cultural heritage while making a bold fashion statement. Whether for a festive occasion, a wedding, or a casual outing, the saree remains a timeless choice that can make any woman feel beautiful and empowered.





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