

APRIL 2023, ISSUE 38 | VOL - III

MYSTIC AURA

MAGAZINE

KIDS FASHION

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EYEBROWS

Beauty of one's eye

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Voice of Spring

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MYSTICAURA

Fashion and life style magazine

2023

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Model: Maihang Gogoi.
MUA : Sushant Mandal
Wardrobe ALN collection.



Designs & Photography by Kaushikabrahmaphotography

MYSTICAURA

The Team



GITALI PATHAK DEKA

Proprietor & Editor-in-chief

She is a model, an educator and also a Master Trainer under the BRITISH COUNCIL. A lady with principles, positive vibes who always loves to inspire others to fulfill their dreams. Confidence, determination, will power and faith in God, her strength. Her indomitable talent in fashion world is known by all. She has been successful in winning many titles in State, National and in International level, Brand Ambassador of a few beauty pageants. Recently awarded with the most prestigious Nari Shakti National Award. She is Mrs India International (2nd runners-up) at Sri Lanka, Colombo.

CONTACT

Office Address

Hatigaon, Brindaban Path, Hse No-2
opposite Bharat Petroleum
PIN-781038
PHONE: +9186386 84096
Email: mystica.fashion@gmail.com
FOLLOW US at
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MRIGAKSHI DUTTA BHARALI

Copy Editor

She is a model, an educator and also a Master Trainer under the BRITISH COUNCIL. A lady with principles, positive vibes who always loves to inspire others to fulfill their dreams. Confidence, determination, will power and faith in God, her strength. Her indomitable talent in fashion world is known by all. She has been successful in winning many titles in State, National and in International level, Brand Ambassador of a few beauty pageants. Recently awarded with the most prestigious Nari Shakti National Award. She is Mrs India International (2nd runners-up) at Sri Lanka, Colombo.



BIREN NARZARY

Chief Managing Editor

He is a well known Graphic Designer and an employee of private commercial printing industry as a Sr. Graphic Designer.

Editor's NOTE



Beauty of April month is seen as the flowers bloom and sets an environment enthralling a view of reality all over leaving a sweet fragrance.

Bihu, the only festival of the Assamese people is celebrated with great joy and happiness, spreading love all around. All the people of Assam wait most eagerly in every nook and corner to welcome this Bihu in April as it marks the beginning of the Assamese New Year.

April edition covers and has set in with the topics of Bihu followed by the regular topics of the issue .

Mystic Aura team wishes each and everyone

Happy Rongali Bihu

Regards

GITALI PATHAK DEKA

CEO & Editor-in-chief

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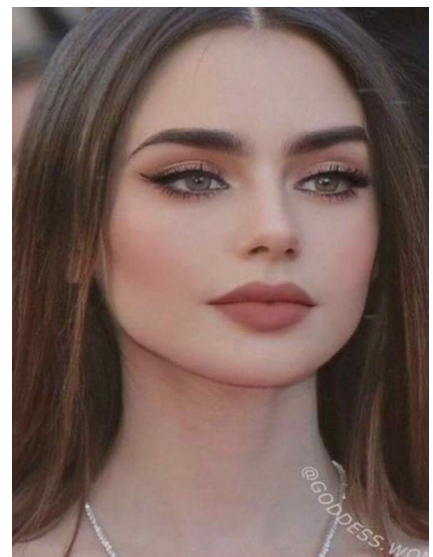
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On THE COVER

Assam, known as the Bihu state is filled with joy and abundance of love. Model Dikshita Kumar reveals purely the Assamese traditional attire muga Mekhla Chaddar, worn mostly during the Bihu festival by the Assamese people.

Model: Dikshita Kumar
MUA: Simi Rajkhowa
Photo: Nipjyoti Saikia

APRIL 2023 | ISSUE 38 | VOL III

Aura Style

"Simplicity is the
keynote of all true
elegance."

Model : Bibika Bora
Mua : Anuradha Bordoloi
Photography: Kaushik Brahma

Aura Fashion



Model : Violina Deka.
Mua : Sushant Mondol.
Photography:kaushik Brahma.
Wardrobe: ALN

Aura Beauty



Model : Mrigakshi Dutta
Bharali

Bihu as the national festival of Assam: A historical analysis.

By :

Manikangkana Devi.
Writer/proof reader.
Assam.

In terms of cultural consciousness when one takes a dig in the inner world of the Assamese people, first of all, Bihu comes to mind, at least among the common people. Since ages, the precious contributions of every tribe living in this land have been enriching Bihu.

It is believed from the statement made by Varna Hindu scholars that the word Bihu was derived from the Sanskrit word 'Vishu' or 'Vishuvana', but extensive studies and systematic research have proved the absurdity of such a doctrine. In fact, the Aryan element of Bihu is secondary to the ethnic group, because Bihu is primarily a festival of the Mongolian origin from ages but now a days it's been celebrated and loved by all people of Assam. After the Atheists, the Tibetans and the Tai or The Shaans who came to this land of Assam established Bihu in Assam. The Tibetan-Burmese's Boro, Mising, Chutiya, Maran, Matok, Kachari, Dimasa, Tiwa, Rava, etc. and tai have been



celebrating Bihu by different names like Baisagu, Ali-Aye-Ligang, Bisu, Buchu, Bisuwa, Domahi, Poyhu, Pihu, etc. for a long time.

All these festivals are spring and agricultural festivals. It was during the reign of the Chutiyas that Bihu first took root in this land and was later nurtured by the Ahoms. According to some writers and scholars, Bihu is called "Bichu" in The Chutia language. "Bi" means very, "Chu" means blissful. Therefore, the word 'Bihu' is derived from the word 'Bichu'. The word 'Poyhu' in the Tai language refers to cow worship or Gau-festival. "Poy" means festival and "Hu" means cow. Bathing the cow on the day before Bohag Bihu and worshiping the cow is a festival called "Poyhu".

It was during the British rule

that Bihu faced the toughest challenge. The social conflict of the time posed a kind of threat to the existence of Bihu. In particular, some middle-class people, educated with western neo-education and initiated into the Calcutta Babu culture, called Bihu vulgar. Newspapers such as 'Arunodoi', the first Assamese newspaper and Taranath Chakraborty's 'Asom Bandhu', published from Dibrugarh, were also anti-Bihu.

People like the monthly paper 'Assam Bandhu' and poet historian Hiteswar Barbarooah rose a step up and expressed the view that the national festival of Assam should be 'Durga-Puja' instead of Bihu. According to Barbaruah, "Even though Durga Puja has been practiced in Assam since 1535 in the days of Buraraja Swargadeva, we wonder why

that puja has not been able to enter the national festival line of the Assamese people for so many days.

Bihu was not limited to religion or caste but within all the agricultural people. Perhaps that is why Durga Puja within the religious boundaries has not been able to take the form of a national festival by replacing Bihu. Rather, as a symbol of a liberal and democratic social system, Bihu gained popularity from Upper to Central Assam to Lower Assam and was able to attain the status of a national festival of Assam.

In past times, Bihu was in the fields under the trees, in the king's house, or in the house of a householder in the form of a Husri. But by the middle of the 20th century, Bihu went on

stage. In 1934, Bihu performances were reported on stage in Betiyoni area of Golaghat district. Later in 1952, the Bihu Xhommelon was organized at Latashil Ground in Guwahati under the initiative of Radha Gobinda Barua.

Since Assam is a state of the agrarian people, we can explain the issue differently from a linguistic point of view even if we accept the view that an agricultural festival has naturally attained the status of a national festival of Assam. However, we can be assured that Assamese and Bihu are complementary to each other. As long as there



are Assamese, there will be Bihu or as long as there is Bihu, there will be Assamese.

This shows that Bihu is a spontaneous cultural expression of the people of Assam.

Kids FASHION

By :

Prasantt Ghosh

The writer is a Fashion designer and Choreographer and can be Contacted at

Email – prasanttghosh999@gmail.com

www.prasanttghosh.com

Always teach your kids from early age to dress as if they are expecting to run into some one you respect always expect the unexpected, never be poorly dress. Make sure your clothes are neat, clean, well ironed and use the right deodorant. This will teach your kids to be well dressed throughout their life. As all

mothers always say don't leave home without a handkerchief.

When you are confused with sizes go to the larger size and have it reduced to fit you, the better you buy the longer it will last and smarter you will look. For playing outside or inside, it is important that the clothes be both inexpensive and dark-col-



ored so as not to show dirt. For both boys and girls, a pair of comfortable, loose-fitting pants is essential for running around.

Shopping for children's clothing can be fun, but finding the right size presents its challenges, especially when sizes may vary from store to store. Manufacturers use sizing charts to help the customers this days. Kids are hard on their clothes, so for playing, opt for less expensive clothing so you won't mind if it gets roughed up. Avoid patch work pant or bags it is out of fashion, wear something which will increased the beauty of your kids and is extremely comfortable.



When dressing for fancier events, don't get carried away with looks and sacrifice comfort. Make sure you communicate with your child when buying more formal clothes, which often come in styles and looks. They may not like these kinds of clothes to begin with, but if you shop together you should be able to find something suitable.

Teach your children to be confident in their appearance, no matter how nervous never cross your arms in front of elders and friends. One tends to be too conscious and a lack of grooming from your academic backgrounds can also show. You climb even the tallest mountain one step at a time. You can keep moving towards your goal if you set aside time each day, complete one or several baby steps. Keep your list of steps handy in case you lose on every step. The momentum you create by completing one baby step will lead you to complete the next. Before you know it you will have achieved

your goal.

Shoes are something you should definitely take extra time to shop for, and be prepared to spend a little more money. Toddlers grow a mile a minute, and making sure that their shoes fit properly is an ongoing task. Make sure the shoes are comfortable and in good shape. Boots are meant for casual wear not for formal parties. Your belt and shoes and handbags should match, do not wear formal shoes with casual wear, or tracksuit. Buy a good pair of athletic shoes and a comfortable pair of dressier shoes. When you are traveling long distances wear boxer

shorts they give you room to breathe. When wearing tie see that it just touches your belt when you are standing up, longer or shorter will make u look unsmart. Do not go for white stocking , go for any other colour because they do not do the slimmest legs any favours. Must for kids is a good sunscreen lotion to save from skin cancer and lot of skin disease as children skin are not so strong enough to face the harsh sun. As kids tan easily you can apply on them the paste of turmeric with gram flour and leave for sometime before taking a bath lightly scrub in circular motions and wash off. This must be done around the neck; face and entire body specially the hands and legs which are exposed to sun. You can use grated carrots with honey to get rid of any kind of skin tan in the form of a pack. Apply curd on your face daily for 10 minutes. Feel the difference as it is one of the best natural bleaches available on your kitchen itself.

No matter what you do giving good values to your child from a early age is important. As the saying goes what you reap that you saw.



*"Stylee Fashion
requires knowing
yourself and
wearing what you
feel best in."*

Aura Trends



Models :
Pallabi Saikia & Amritraj

Makeup artist:
Christina Joseph and
Sushant Mondol

Designer and concept:
Prasantt Ghosh

Photography:
Kamal Barman

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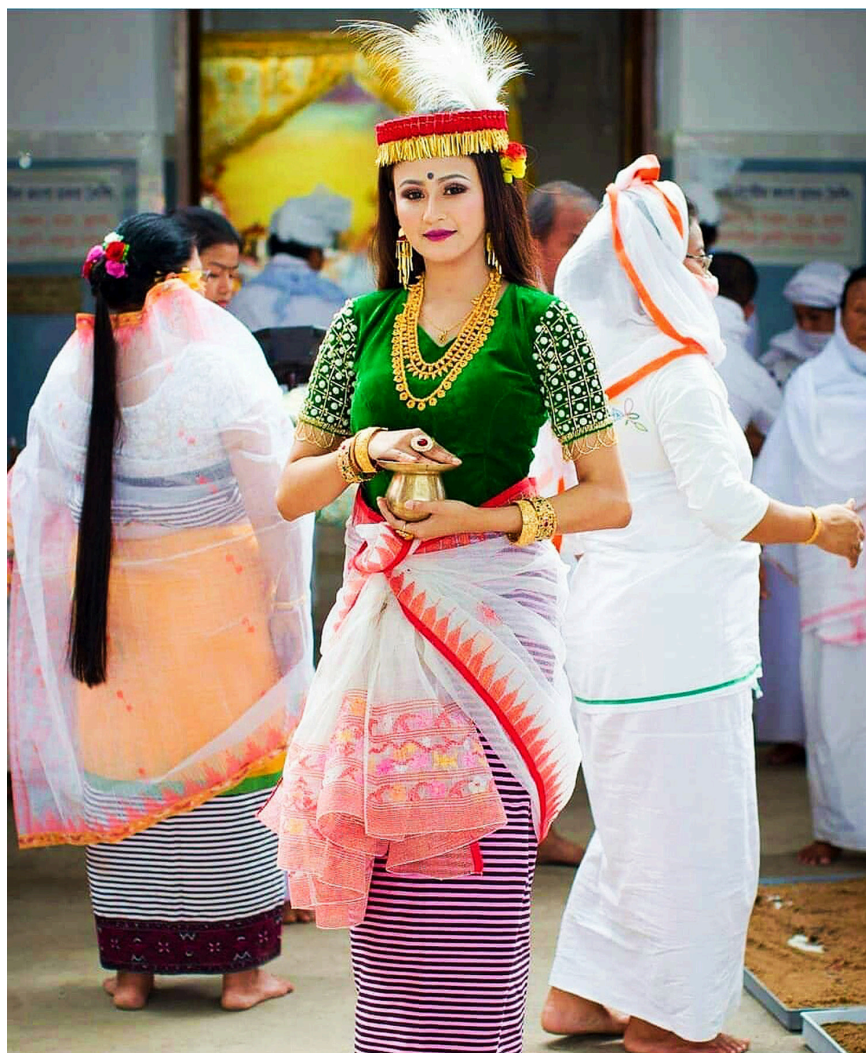
The Art of Manipuri Clothing

By:

Dr Bobita Sinha
Writer, social worker
Chairperson Helping Hands
Social Foundation
Tarot Healer

Manipuri clothing refers to the traditional attire worn by the people of Manipur, a state in northeastern India. Known for their strong tribal culture, the traditional Manipuri attire is known for its vibrant colors, intricate designs and harmony with traditional jewelry. Some of the more popular attires are: -

1. Phanek-Innaphi: It is a skirt-like garment worn by Manipuri women. It is made up of either cotton or silk and



is usually bright-colored with intricate checkerboard-like designs. It is the most common of the Manipuri attire and works as both as a sari for formal events, or everyday clothing for Manipuri women especially for the older generation. It is always worn with a blouse called Innaphi that wraps around the Phanek to cover the upper body, it goes hand in hand with the phanek to work as a two-piece dress that is flexible for any occa-

sion.

2. Pheichom: It is a traditional Manipuri male attire. It consists of a dhoti, kurta. The dhoti is a rectangular piece of white cloth that is wrapped around the waist and legs in a very specific manner exclusive to the Manipuri look, and the kurta is a long shirt not exclusive to the region but contains traditional designs that are part of the Manipuri culture. The Pheichom is a very prestigious clothing that



is worn mainly for special events and marriages when it comes to the common people, but it is also part of the everyday wardrobe for many high-class individuals in the state.

3. Potloi: It is the traditional bridal dress of Manipur which similar to other marital clothing gives the bride a distinct and cultural look. It is shaped in a cylindrical piece of clothing and expands from the bride's waist and creates a dome-like look around it, The skirt itself contains a very striking mix of colors that are designed with traditional pattern sewed onto it. The Potloi is a very prideful piece of clothing for the region and is not just adorned for the brides but is a key component when it comes to classic Manipuri theater and dance. It is truly a magnificent representation of their indigenous culture.



Based on these suggestions, it's been made pretty clear that the culture of Manipur is one of the richest in India, when it comes to their skill and pride in the way they represent their culture through not just in their clothing but the art that those pieces of

cloth represent. They are simple yet bold and that's where the true beauty of any piece of art lies. And for them to gain the recognition they deserve from the world is more than warranted at this point in time.

Eyebrows

By:

Brian La Cour
Florida, USA

Eyebrows have always been an essential aspect of a woman's appearance and with the passing years the trend of groomed and fuller eyebrows has taken over the beauty industry. In the pursuit of achieving perfectly shaped and natural-looking brows, women often resort to painful procedures like threading, waxing and microblading. However, these methods can be painful, time-consuming, and may not suit everyone's preferences.

This is where eyebrow lamination comes in. Eyebrow lamination is an innovative technique that involves creating a fuller, thicker, and more defined look for the brows. This non-invasive procedure is ideal for those who want to achieve a natural-looking bushy or fluffy appearance without the use of harsh chemicals.

The process of eyebrow lamination involves a gentle solution that is applied to the eyebrows, which helps to

relax the hair strands, allowing them to be molded into place easily. Afterward, the brows are brushed upwards into a desirable shape and set in place with a neutralizer, which locks them into position.

One of the main benefits of eyebrow lamination is that it helps to create a fuller and thicker appearance while guiding the hairs in a specific direction. In addition, the procedure helps to tame unruly or coarse hairs, making them more manageable. Another significant advantage of eyebrow lamination is that it can last up to eight weeks, which eliminates the need for daily grooming. Women who opt for this procedure can wake up with perfect brows every day, saving them substantial time and effort on their daily beauty routines.

Eyebrow lamination is also cost-effective compared to other long-lasting procedures such as microblading. Moreover, the procedure is ideal for those who want to avoid pain and downtime, which are typical with more invasive methods.

In conclusion, eyebrow lam-



ination is a game-changer in the beauty industry, making it easier for women to achieve the trendiest and fuller-looking eyebrows without resorting to harsh methods. The procedure is safe, painless, and ideal for all skin types, allowing women to look and feel good with minimal effort.

The long-lasting results of this procedure, coupled with its affordability, make it a popular choice for women who want to achieve perfect and natural-looking brows every day.

Aura Bihu Special

Model : Nitisha Gautam Laskar
Mua- Simi Rajkhowa.
Photo-Nipjyoti Saikia.



Aura Bihu Special



Model : Nitisha Gautam Laskar
Mua- Simi Rajkhowa.
Photo-Nipjyoti Saikia.

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Embrace Reality

By :
Vanessa Jacqueline Dcruz.
Brand ambassador, Global
Peace Maker.
Singapore.

live more peaceful lives?
Sounds weird or it does not
make sense right? What I am
saying is that whatever chaos
is happening in your life or is
happening around you, it has
a reason why it is happening.

If we accept chaos, we can
seat down and reflect on why
it is happening. You can start
to find solutions to solve your
chaotic situation. Prioritise
which chaotic situation to
solve first.

Some of us may live peaceful lives, some of us may have chaotic lives and some of us may be surrounded by chaos. Whatever it is, we need to embrace what is happening in our lives. Accept the chaos in our lives. Why? Chaos is part of human nature. When there is chaos, there is also order. Therefore, if we accept the chaos in our lives and the chaos that surrounds us, we can live more peaceful lives.

Accept chaos so that we can



The everyday plan unfolds, another falls apart, one person gets a promotion and is thrilled, and someone else is laid off, devastated, and angry. You try to help but to no avail. You only make matters worse. People are confused and frustrated and in the end, they catch a cold.

Chaos, chaos, chaos, when will it ever go away? The sad truth when one chaotic situation is solved another pops up. We have to learn to live with chaos. Like I have written; accept them and you will be more peaceful & find solutions to solve them. For those living peaceful lives, you may wonder what I am writing as you seldom face chaos. However, seat back and reflect and ask yourself whether is it you were able to handle the chaos better than others or whether you had blessings.

Some people can handle chaos better than others because they can keep their minds



calm, collected, and focused. With need these 3 aspects to solve the chaos we face. Unfortunately, it is easier said than done. Most of the time we are reactive toward the chaos we face. We do not seat back and ask why we are in such chaotic situations. You blame other factors for your chaotic situation. We need to change our attitudes about how we see our chaos.

Another way how we can come to terms with chaos is to give thanks for it. Giving thanks for whatever we face

in our lives is a way to accept them, recognize them, and allow ourselves to be less stressed and help us find a way to solve our chaotic situations.

Accepting chaotic situations is never easy. Some may never get over the situation. Some will do. We have to make peace that chaos is inevitable. Life is unpredictable. Open your heart to chaos and accept it as it is. You will see that it will bring changes to your life.



Mental Health and Lifestyle

By :

Palak Chawla

(Psychologist)

Intern : Being Caring Organisation.

Mental health is a state of mental wellness of an individual which includes social, psychological, and emotional wellness. It is not merely the absence of any disorder or disability but also a state of complete physical, mental, emotional and social integrity.

It enables the person to become aware of their potential and adjust to common stressful conditions, allowing them to produce efficiently.

A sense of inner strength and well-being, as well as the ability to enjoy life and deal with challenges, are all benefits of good mental health.

The way you live can be good for your mental health.

Your mental health can be improved by adopting a healthy lifestyle in conjunction with the proper treatment options.

Therefore, learning about healthy lifestyle choices that improve mental health and lessen psychological issues is useful for preventing serious psychiatric disorders.



Eating healthily can lift one's spirits and help brain cells regain their necessary structural integrity for cognitive function.

Getting adequate sleep helps your body heal from illnesses and enhances your mental health.

Exercise is a great way to improve one's mental health as well as one's community and

environment.

Your capacity for self-control, forbearance, and stress and anxiety management can all be improved with the aid of meditation and relaxation techniques.

One of the best things you can do for your mental health is to stop smoking and avoid using drugs.

People can avoid depression,



anxiety, and neurotic personality traits by maintaining healthy relationships.

Exercise actively aids in the treatment of mental health issues, as well as in mood enhancement, mood regulation, and the reduction of stress, anxiety, and sadness.

Physical activity, such as exercise, is crucial for mental health in addition to physical well-being and weight loss. It is essential for the person to put in a conscious choice to move as much as they can, such as climbing a ladder instead of utilising an elevator and occasionally stepping outside to practise walking in place of driving.

Studies show that working out and exercising regularly aid to protect memory, enhance thinking skills, and enhance brain function.

The most significant actions that are suggested when

talking about mental health are spending time with the people you care about and becoming involved in volunteer and community activity that makes you feel important and has an impact on others.

Spending time with friends considerably elevates mood, and the support of others makes overcoming obstacles in daily life simpler.

Continuous practice of various relaxation and meditation techniques actively contributes to the individual's ability to tolerate stressful situations, deal with, control emotions, and manage anxiety.

Including all these techniques and tips in our lifestyle can ensure an individuals' mental well-being.





Cosmetic Dentistry: Dermal Fillers

By :

Dr. Nikhita Nagar

Celebrity Dental Surgeon | youth motivator | Sociopreneur.

Director : Dr. Nagar's Dental and Physiotherapy centre,
Ghaziabad., Delhi.

You may think dermal fillers are not in a dentist's toolkit, but more and more offices are providing this treatment. Some cosmetic dentists use dermal fillers to improve the appearance of the mouth

and the structures around it. The mouth, the jaw and the chin sometimes need a little help to regain a youthful look. Because a cosmetic dentist knows the soft tissues of the mouth inside and out, they can administer dermal fillers





to the lower part of the face.

Who needs dermal fillers?

The skin needs a constant supply of hyaluronic acid, elastin and collagen to remain firm, supple and wrinkle-free. Collagen is a major building block and support structure of the skin. Elastin works with collagen to enable the skin to snap back into shape when it is stretched. Hyaluronic acid traps water inside the skin and keeps it hydrated. It also adds volume to the skin. Sadly, the body produces less of these substances with age. As a result, the skin and the muscles of the face begin to lose their elasticity. The skin gets drier and may wrinkle and sag.

The muscles which also need collagen, begin to stretch and lose their volume and definition. This process is how a face ages. This is where

dermal filler comes in. The filler is made of hyaluronic acid, which adds volume and definition to the face.

Here is how a dentist can use dermal fillers to improve your appearance:

Remove marionette lines

The very first lines to appear on the face are the ones that run from the nose to the mouth. The next set of lines that form are the frown lines, which run down the sides of the mouth. These wrinkles are known as marionette lines, and they form when the skin and muscles around the cheeks, nose and mouth lose their structure and firmness. With a dermal filler, the dentist can restore volume and definition to the loose skin.

Close a gap between teeth:

There is a little bit of gum tissue that acts as a filler between two teeth. When this

tiny piece of gum is too small, it leaves an unsightly gap at the base of the two teeth. A dentist can use dermal fillers to add volume to those little pieces of gum tissue. With filler, the interdental gum tissue will become big enough to close the gap between the teeth.

Enhance the shape of the chin and the jaw :

A dermal filler can improve the shape of the chin. People who have weak chins can visit a dentist to increase the size and definition of their chin. Dentists also use dermal fillers to add volume to the jaw muscles to make them more defined.

Create fuller lips :

The lips become thinner and less defined as you age. As the lips and surrounding skin lose their volume and elasticity, wrinkles form along the lips' edges. Luckily, a dentist can use filler to increase the volume and firmness of the lips and the skin around them. A proper treatment can make you look beautiful.

Stay healthy and keep smiling.



Aura Trends

*"Denim has always
been an everyday
symbol for style
and fashion."*



Model : Isha Upadhaya
Mua : Sushant Mondol
Wardrobe: ALN collection.
Photography:Kaushik Brahma

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Cobalt Blue: Motioned Aditive

"Your body is a wonderland
Your body is a wonder, I'll use
my hands
Your body is a wonderland."
- John Mayer.

By :

Dr. Dipsikha Bhagawati
Film Critic, Author and
Translator, Assam

Like a clear impression of cobalt on a plain sheet of paper. The issue of LGBTQ is pitchforked through intended and intense sexualized molecules, signing off his (Tanay) papers with restricted nonchalance towards a somewhat rigid Marathi society. The crisis is obvious in a relationship grown in secrecy and private exchanges, that's not 'normal' in set social terms, but the way it's flashing through their physical heights, being less arrowed towards a normal relationship, that could be built with the 'sporty, chik, short haired' sister, is moderately denied, as the focus is on the same sex chemistry, on the masculine, barechested body. Their intimacy spins around as threads of gold spinning around a gourmet dish. The cinematography (Vincenzo Condorelli), especially their passionate proximity in the open field- being framed like a painting, as if capturing some forbidden mythological chapters is radically catchy. The

uneven and stilted pacing extends to the disposable scenes revolving around Tanay's parents. The melancholic Beethoven note of moonlight sonata, the aesthetic, picturesque frames, the slow exploration of corporal physics and sensuality, like the unveiling of a beautiful poem in layers - guided by heart and less by logic - is the experience, one is going to taste. But the film appears



to be a little superficial and more invested on biological adventures (as the forbidden fruit effect) than on the generic mental crisis the targeted community usually goes through. Physical crisis is not the only junction where their lives face an whirlpool, there are many angles, that could have been brought into focus. Parallely, disintegration in love works as a vital theme. As an adaptive reel story, "Cobalt Blue" fails to 'capture' the emotion in con-

siderable fractions as narrated in the book, or lacks a very 'strong configuration', but it has to be considered, that the film 'looks beautiful.'

It reminds of three films in a flash -Call Me By Your Name, Nagar kirtan and obviously that's been hoarded as a Netflix reminder -Fire by Deepa Mehta. But 'Nagar Kirtan' had much emphasis on the psychic level through very simpler day to day chores of life. Set in the backdrop of 90s, with no accessibility to internet frequency, mobiles phones, laptops or such digital devices or platforms, but a connection with walkman or cassettes, Cobalt Blue takes its audience to a nostalgic time travel with a note of "sweet, forbidden surrender", with a different and a little brave note : "Usne mujhe mere khud ke shareer ki pahchan karwa di."The portrayal of LGBTQ or of queer theme is a trending inclusion in countless web series and films in India. Cobalt Blue sensitively traverses the soft male gaze towards another male. The camera peer too is kept tight like their restricted love, and the interflow of emotion is expressed through close shots and suggestions.

Like Kundalkar's earlier films, and his most recent - Pondicherry - Cobalt Blue is also a crisp, in depth tale of a coming-of-age saga in primary colours, heartbreak as it's byproduct.

Aura Fashion



Model: Poonam Ghimrey
Makeup : Anuradha Bordoloi . wardrobe : ALN
Photography: Jintu Thakuria



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THE VOICE OF THE SPRING

I woke up to the sweet voice of the quail.
It was spring knocking at the door.
The sweet tantalizing fragrance in the air as I stepped outside
Told me Spring is just a step away.
The tender soft grass opening tingled my bare feet spreading a warmth in me,
The trees were dressed in beautiful hues from the closet of the nature.
Mother Nature looked like an untamed damsel
With it's different hues and fragrance.
The music soft and sweet with the buzz of the insects and cooing of the birds
Exquisite it is because it is Spring.

- MONALI BHUYAN



Live Happily Today

Stop me not from enjoying my precious today
Let me laugh,run and play
Each minute of today is treasure to me
Who knows if another tomorrow,I get to see.

Today I want to sing and dance my steps
Go out in the rain and get myself drenched
Jump in the puddles and spoil my dress
Each minute of today I want to love and embrace.

The beauty of this world,let me behold now
Let me say my thank you and take a bow
To express my gratitude, to be a part of this world
Tomorrow might be too late,my words remain untold.

I want to walk in the sun, when I still have my strength
Gather red roses, live fully each moment of my breath
Live and love all, when the sun is still cheerful
Today is my time, for me to be happy and joyful
Who knows what sadness and despair,
might befall the day after.

By - Vijaylaxmi Sarmah

BEHIND THEIR SMILES, IT'S YOU



USHA SILAI SCHOOL women have collaborated with fashion designers from the Northeast to create ensembles that will walk the ramp at the East India Fashion Week. A proud moment indeed for women from remote rural locations to work with designers and make their dreams a reality.

Usha Silai School is an initiative of USHA to empower women in rural India. Till date the initiative has transformed the lives of over **11 lakh women in 32,000 Usha Silai Schools** across the country.

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-  HSE No-2, Brindaban path, Guwahati-38, Assam
-  +91 8638684096
-  mysticaura.fashion@gmail.com
-  www.mysticaura.com

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